WITCH HUNT



C. Bennett



Hi, Cari B. here. You've received a very special copy of Habitual Freak #3. It has been somewhat modified since the original issue came out. Basically, I've filtered out all the shit I didn't like, and replaced it with better shit. The new stuff is either a contribution, an excerpt from a zine I liked, or an old article from H.F. 1 or 2. [redacted] Enjoy! And remember, if you like or hate something in here, write me! Your opinion is important. And you can write if you just wanna say hi too. ☺ ♀

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Editors' Page

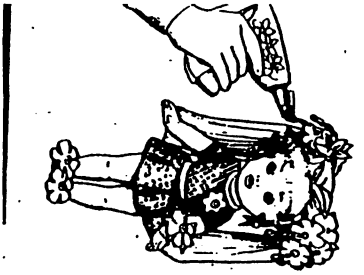
HELLO and welcome to Habitual Freak #3. First, I'd like to apologize for the long delay in getting this sucker out, but this issue is so darn thick, I still can't believe it!

Since we've started this zine, we've had a lot more male readers than I expected, and a lot of positive feedback. Like I've said before, we are not Anti-Male, but definitely Anti-Pig. The way I see it, if you are a self-respecting person of the male gender, you as well should be disgusted by your "expected" macho, egomaniacal, testosterone-raging, drooling, controlled-by-hormones, helpless-against-the-siliconed-seductress, biceps-for-brains male behavior which our society and mass media love to glorify and encourage. You too can rebel against your "roles," just as we wimmin are doing. Let's all defy these idiotic stereotypes together, 'kay?

My aim, as always, is the empowering of wimmin. Although we are all hurt by sexism, I do believe that wimmin are suffering far more at the hands of the Patriarchy. But I also believe that we will ultimately need both men and wimmin working together in order for a complete Revolution to occur. These are my thoughts, anyway.

To all my girlfriends out there, stay active & stay strong!!

Peace, Strength, Sisterhood,
Cari B.



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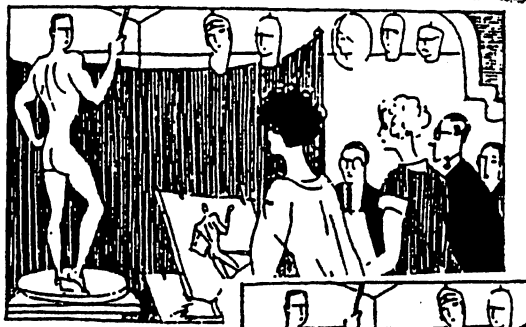
Femininity & Masculinity are two very different things. They are stereotypes and they are extremes. Males & females do not complement eachother. In being opposite, we do not make up for what the other lacks. Our differences do not create a happy medium when brought together. This gender-typed institution is built upon heterosexual union and rigid conformity. Under Patriarchal rule we are allowed no individuality as sexes. Since one is deemed one way, must the other be the contrast? Men are rational--so women must be emotional and intuitive? Men are aggressive and violent--so women must be passive and submissive? Men are political--so women must be spiritual? Men are tecnological--so women must be earthly centered and connected? We do not want the other to be more masculine or feminine than we are, so we try to destroy the opposite in ourselves. There are indeed differences between the sexes, but playing these absurd roles greatly exagerates & distorts them. Being a manly-man or a lady-like woman does not make us compatable--with eachother or with ourselves. It makes us trivialized women and terrorizing men. Completely imbalanced & dysfunctional. Masculine men are not admirable. Feminine women are not desirable. Cast-off the classifications. Bail out on patriarchy. Embrace your true self.



This picture goes with this piece

This is for all the boys who keep telling me that sexism is no big deal

WHAT IF?
by Theodora Wells
1972

The following experience is an invitation to awareness in which you are asked to feel into, and stay with, your feelings through each step, letting them absorb you. If you start intellectualizing, try to turn it down and let your feelings again surface to awareness.

Consider reversing the generic term Man. Think of the future of Womankind which, of course, includes both women and men. *Feel* into that, sense its meaning to you - as a woman - as a man.

Think of it always being that way, every day of your life. Feel, the everpresence of woman and feel the nonpresence of man. Absorb what it tells you about the importance and value of being woman - of being man.

Recall that everything you have ever read all your life uses only female pronouns - she, her - meaning both girls and boys, both women and men. Recall that most of the voices on radio and most faces on TV are women's - when important events are covered. While women perform all the action, the extent of men's presence is purely sexual, posing seductively on the sidelines. Recall that you have only one or two male senators representing you in Washington.

Feel into the fact that women are the leaders, the power centers, the prime-movers. Man, whose natural role is husband and father, fulfills himself through nurturing children and making the home a refuge for woman. This is only natural to balance the biological role of woman, who devotes her entire body to the race during pregnancy.

Then feel further into the obvious biological explanation for woman as the ideal - her genital construction. By design, female genitals are compact and internal, protected by her body. Male genitals are so exposed that he must be protected from outside attack to assure the perpetuation of the race. His vulnerability clearly requires sheltering.

JUST TRY TO IMAGINE

Thus, by nature, males are more passive than females, and have a desire in sexual relations to be symbolically engulfed by the protective body of the woman. Males psychologically yearn for this protection, fully realizing their masculinity at this time - feeling exposed and vulnerable at other times. The male is not fully adult until he has overcome his infantile tendency to penis orgasm and has achieved the mature surrender of the testicle orgasm. He then feels himself a "whole man" when engulfed by a woman.

If the male denies these feelings, he is unconsciously rejecting his masculinity. Therapy is thus indictated to help him adjust to his own nature. Of course, therapy is administered by a woman, who has the education and wisdom to facilitate openness, leading to the man's growth and self-actualization.

To help him feel into his emotionality, he is invited to get in touch with the "child" in him. He remembers his sister's jeering at his primitive genitals that "flop around foolishly." She can run, climb, and ride horseback unencumbered. Obviously, since she is free to move, she is encouraged to develop her body and mind, preparation for active responsibilities of adult womanhood. The Man's vulnerability needs female protection, so he is taught the less active, caring virtues of homemaking.

Because of clitoral-envy, he learns to strap up his genitals, and learns to feel ashamed and unclean because of his nocturnal emissions. Instead, he is encouraged to keep his body lean and dream of getting married, waiting for the time of his fulfillment - when he gives "his woman" a girl-child to carry on her family name. He knows that if it is a boy child, he has failed somehow - but they can try again.

(This essay was originally printed in the '70s - a time of awesome feminist movement, during which I was too busy pooping my diapers. But anyway, necessary revisions have been made for updating purposes)

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This was originally printed by Sanjay of Karma Lapel #5, then sent by my pal Norma Jean of Emotion to my other pal Jethro and reprinted in his last issue of Warfear, now to be reprinted in H.E. If it weren't for @ anti-copyright laws of the zine world, you might never have seen this

Why I hate Sassy

BY SANJAY SRIVASTAVA

THIS WAS ORIGINALLY IN THE ZINE KARMA LAPEL #5 I'M REPRINTING IT HERE BECAUSE I FEEL THAT IT HOLDS VALUE. THANX NORMA JEAN/EMOTION FOR SENDING IT MY WAY! SEE AD

The whole concept of being "sassy" just grates on me. Sassy doesn't imply intelligent rebellion or resistance. It implies smirkiness, a kind of preteen bubble gum bitchiness that doesn't make any kind of statement; it just pisses people off. I must admit that Jane Pratt has become an object of disgust to me.

Sassy magazine addresses itself to mindless rebels, to pseudo-feminists. It preys on insecure adolescent girls who are struggling to establish their own identity. It claims to offer empowerment, when actually it binds women into traditional gender ideologies with a trendy "alternative" gloss. The result is that thousands of mindless girls are buying into a twisted, bastardized co-optation of feminism that turns on its head everything that feminism should stand for.

Teenage girls are tricked into believing they are rebelling against exploitation of women while simultaneously getting them to buy into the consumption-driven beauty myth which is the source of so much exploitation. It takes genuine sass to tell girls to be happy with what they were born with (and notice that the wording, be happy with *what* you're born with, objectifies the body) while printing advice columns on make-up and clothing, and advertisements showing emaciated waif-models wearing clothes and makeup that only fit their airbrushed, anorexic figures. The magazine is an exercise in hypocrisy, railing against cultural beauty norms on one page and providing them on the next.

The hypocrisy really bubbles over when the magazine gets into dating and men. First of all, it assumes a heterosexual norm, with an occasional token article about lesbians sprinkled in to add a certain trendiness to "alternative lifestyles." (After all, anything that carries the label of "alternative" must be cool. If you renamed Cheez Whiz and called it Alternative Cheese, Sassy would probably carry full-page ads for it.)

But back to men (because when you're dealing with Sassy, it always goes back to men). Aside from assuming heterosexuality, Sassy also encourages girls to feel dependent on dating and men for a social identity. Items like the "Cute Band Alert" make readers feel as if physical attractiveness is the primary requisite for desirability. And incessant articles and references to the importance of boys and dating reinforce the belief that women must be dependent on a man for social status. In the end, all of the makeup and clothing are targeted toward attracting a man.

Of course, there's no hope of changing Jane Pratt's mind (small though it may be) which seems to be eternally locked in early puberty, and even less hope of changing the minds of the millions of aspiring Riot Grrrls who await each new issue of corporate dreck with aspirations of one day rebelling against the establishment, clothed in leather and shod in Doc Martens, and accompanied by Jordan or Brandon or Dylan or whoever the fuck is in the latest "cute guy alert." Unfortunately, Sassy is just another example of corporate dicks (because in spite of what one might infer from the masthead of Sassy, mainstream pseudofeminism is controlled by men) co-opting feminism for its marketing value.

So all you alternative chicks (because that's what you are: you're not women and you're certainly not wimmin) out there, wearing lots of black and drooling over Kurt Cobain and his track-marked arms, take note: your rebellion is a marketing goldmine for some middle-aged white male. Keep spending, babe.

—Sanjay Srivastava



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having Sex

(ANONYMOUS)

I couldn't figure out what was wrong with me, because every girl on t.v. and all the girls at school talked about how wonderful sex was. That's why they show off their voluptuous bodies so much. But I didn't think it was that great. So what's all the commotion about?

He held me gently in his strong arms and kissed my cheek. That was it. I was loved. I was loved and so I knew I couldn't live without him.

I just didn't really want to do it. He wasn't mean or forceful or anything, but he just kept trying and trying. And I felt so guilty for not giving him what he needed . . . so guilty . . .

So I let him try and it took forever to get it in because I was so dry and so tight, I thought it would never get in. It did and it hurt so bad I could hardly breathe, and it just kept going in and out in and out . It felt like my skin was being torn and ripped apart all up inside of me.

It hurt so bad but I knew I was a strong girl, and besides it's necessary 'cuz every girl does it. So I shut my eyes really tight and clinched the pillows really really hard, but some tears came down anyway but I didn't make any sobbing noises. If I ruined it for him it would all be for nothing.

It was finally over and I buried my face in the pillow so he wouldn't see me cry. I couldn't put my legs back together because it burned so bad. He was content and rolled over and went to sleep.

He told me he loved me and would never hurt me. I need to be loved so I can't live without him . . .

Months rolled on and I think it hurt worse and worse every time. I didn't know what was wrong with me 'cuz every girl likes it . . .

I can't believe how much it hurts. It's not like I'm a rape victim or anything 'cuz I let him do it. I can't let him see me cry so I cry when I'm alone. I curl up and cry alone . . .

I hate Sex now. I hate it more than anything in the world. I know I can never enjoy it and I wish it never existed. I hate having Sex.

When it happens to someone you care about . . .

More than anyone else, it is those closest to the victim who influence how she will deal with the attack. If she turns to you for love, care, and understanding in helping her deal with the trauma of what she has been through, here are some important ideas about how you can help her through the ordeal:

1. **DO be supportive.** Really listen about her and her feelings.

2. **DON'T pry and DON'T ask for details and specifics.** Give her the opportunity to express and talk about her feelings, fears, and reactions as she chooses.

3. **DON'T tell her what she must and must not do.** It's her decision to report or not report the rape. If she does decide to report the rape to the police, help her remember not to destroy necessary evidence: don't bathe, douche, change clothes, or apply medication. If she is bruised or cut or her clothing is torn, insist that the authorities take photographs. It will help in prosecuting the rapist.

4. **DO see to it that she gets sensitive, concerned, and competent medical attention if needed.** If you know a good doctor, call her or him or find medical personnel who have been trained to deal with rape victims. Even better, call the nearest Rape Crisis Center or Rape Hotline--these people will know where the most competent medical help can be obtained.

DO recognize your own limitations in dealing with her and DON'T project your feelings onto her. If the victim is someone you care about, you will probably experience a wide range of feelings--from outrage and helplessness to real emotional pain. Try to remember that her feelings and needs are most important right now, not yours. So, resist the urge to express your feelings right now, especially in those silent periods when she may be crying or finding it difficult to talk.

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sexual experience for wimmin is rape

6. DO suggest that she talk with someone trained to help rape victims deal with the ordeal of rape. Once again, the nearest Rape Crisis Center, Rape Counseling Service, or Rape Hotline would be able to provide the best help. Seeking help from these people does not mean filing a police report or pressing charges. What it does mean is being able to talk with someone who cares, understands, and knows how to help, and what information a victim needs in dealing with issues of pregnancy, VD, medical care, and legal alternatives.

7. DO seek professional help for yourself--someone you can talk with. Your feelings matter, too, and by talking through all of your feelings about the rape, you may be better able to provide the continuing help she may need.

Only 17 states protect wimmin from spousal rape. 34% of rapes

8. DO put your anger and frustration where it belongs and not on her. She is not your damaged property; she is a person who has been violently attacked. Your personal revenge against the rapist won't help her and may make matters worse.

sexual experience for wimmin is rape

80% of rapists don't call themselves

9. DO be gentle, patient, and sensitive to her needs. She may want affection and may want you to be close, or she may have generalized fears of all men, including you. If you're not sure what her needs are, ask before you reach out.

never reported. 34% of rapes occuring in the United States are never reported. 34% of rapes occuring in the United States are never reported. 20% of wimmin in college are date-raped.

"When you get raped, it's almost as bad as murder but only you don't die."
--a Rape Victim

are date-raped. approximately 1 in 3

I have been raped on the way home from a bar, drunk, helpless, alone, in a short tight dress you gave me for my birthday that makes everyone want to fuck me cause my tits and ass are so nice none of the boys can help themselves. He leaves me laying face down in an alley when he is through, bleeding, my dress torn to shreds, my face bruised and swollen. Somehow I manage to make it to your house, to stumble into your living room, shaking, fragile, weak . . . Your jaw drops, you feel my pain, my terror. "help me," I stammer . . . "What happened, baby?" You love me so much at that instant, more than you have ever loved anything before. Overwhelmed by the beauty I display in my pain and vulnerability . . . you undress me, you wash away the blood with your soft

misogyny (mĭ-sŏj′ə-nē) *n.* Hatred of or hostility toward women

AROUND THE WORLD

The whole world is misogynistic. Of course, most of you reading this zine will already know that. In other countries, the hatred and abuse of women is accepted as normal. In the USA, we just pretend it doesn't exist.

Girls in many cultures suffer genital mutilation. The equivalent of male castration, over 100 million women alive today are its victims. The procedure consists of either the removal of the clitoris and labia minora, or the removal of the external genitalia, the stitching up of the two sides of the vulva, sometimes with thorns, and the insertion of a sliver to keep only a small opening for the passage of urine and menstrual blood. All this is done without anesthetic while the child is held down. This leaves them in a lifetime of pain, sexual depravity, and great susceptibility to infections.



It is commonly performed with knives/razors on 8-year-old girls by untrained men, in conditions so primitive that sepsis, hemorrhaging, and death from shock are not uncommon.

The justification for all this: "*To make sure girls will not run after men.*" More than 100 million women are victims!

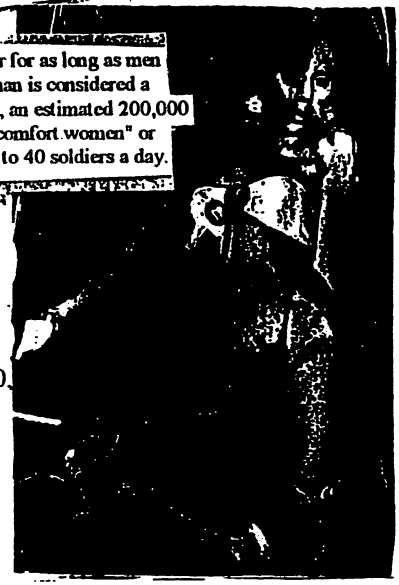
There is widespread rape of Somali women in refugee camps whose labia had been sutured shut by genital mutilation. Human Rights Watch documented how mutilated women and girls—as many as 2000—were being cut open with knives so they could be gang-raped by Kenyan police and security officials.



Rape has been used as a weapon of war for as long as men have been fighting. The rape of a woman is considered a conquest of territory. In World War II, an estimated 200,000 Korean women were held hostage as "comfort women" or military sexual slaves and raped by up to 40 soldiers a day.

Today, Muslim women are being raped by Serbian soldiers. Rape is particularly punishing to women in Muslim cultures. Many women commit suicide afterward because they know their husbands and society will ostracize them, or they will be considered "unmarriageable."

In Thailand, thousands of girls, as young as 10, are sold by their parents to brothels in Bangkok. Many others are kidnapped and forced to work in Thailand's booming sex industry. They are forced to work in strip bars, and in the brothels, girls are commonly tied to their beds or locked in the brothels for years on end, or until they're too sick to work.



▲Sex clubs in Thailand employ girls, many of them kidnapped, who are as young as ten

Arranged marriages are still common in many countries, including China, India, Muslim countries, and parts of Mexico. Young girls and women who object to their chosen partner may be beaten to death.

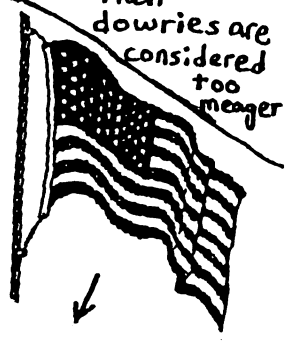
Hauwa Abubaker was 9 years old when her parents recently married her to a man old enough to be her grandfather. Three times, the little Nigerian girl ran away from him, and each time, her parents sent her back because the bride price had already been paid. Finally, to put an end to her repeated flights, her husband, Shehu Kiruwa, cut off his child bride's legs. Hauwa died from her injuries. Her husband was not prosecuted because, under customary law, his 9-year-old wife was his property and he could do with her as he pleased.

Men in Brazil who beat their wives to death can claim with legal impunity that they did so because their "honor was besmirched."

In one episode of Frasier, Frasier's dad made a crack about ordering a mail-order wife from the Philipines. This practice really does take place. PEOPLE. You can mail-order human beings as domestic/sexual servants. This is funny?!

Saddam Hussein recently went on national television to announce that men are legally permitted to kill any female relative caught or suspected of "misbehaving"--a euphamism for adultery.

In Pakistan, women are often burned to death by their husband's families because their dowries are considered too meager



Noorjahan Begum, a young woman in Bangladesh, was stoned to death on January 10, 1993, after a local cleric decided her divorce and remarriage insulted Islamic law. Immediately after the verdict, Noorjahan was buried in the ground up to her chest, then villagers threw stones at her until she died a few hours later.

BACK IN THE OL' USA:

In our country, femininity is still ridiculed and women are still often seen as merely objects of pleasure to men. Simply flip on the TV or check out your city's abundance of strip bars. But here, the corporate fashion/cosmetics industries and mass media have women brainwashed under the illusion of peace and freedom.

IN THE USA:

--According to the Center for Mental Health Services, 10 women are killed by their husbands every day.

-- 42% of all women murdered are killed by their husbands

-- Between 4-6 million cases of domestic violence are reported every year, and domestic violence is widely underreported

-- The average batterer taken into custody by police is held less than 2 hours

-- A woman is beaten every 12 seconds, according to the FBI

-- Among assaultive men arrested, prosecuted, convicted, and sentenced, fewer than 1% served any time in jail (in a 1991 study)

-- A woman is raped every 6 minutes

-- 1 in 3 women will be a victim of rape some time in life

-- According to a government report, 98% of rapists will NOT be apprehended, convicted, or incarcerated

-- Women on average make $0.72 to every male dollar for doing the same work

-- On average, male high school graduates earn more than female college graduates

Liberation and a Mini-Skirt

So I'm watching that show "All American Girl" & in this one episode, Margaret's mother wants her to be the "traditional" Asian girl--silent, conservative, passive, etc., in other words, severely oppressed. Margaret rebels, but in this way: "Mom, I'm an *American* girl, and I want to dress like this," as she whips off her coat to reveal a scanty top and a short, tight mini-skirt.

My problem with this is the idea that American "freedom" for women is the ability to look seductive for the men. Call me weird, but I have a hard time associating liberation with a mini-skirt. First, I want to emphasize that we should have the right to dress however we want, and we are *never* "asking for it!" I should have the right to wear what I want and say what I want, and no man has the right to assault me, although many claim that they do. But *liberation* through provocative clothing? Let's more closely examine this.

I try to educate people on things such as what is on the previous two pages. How ironic it is when American women react upon hearing about women around the world being beaten, raped, burned, tortured, forced brides, kidnapped and forced to work in brothels/strip joints, physically punished/killed for adultery, etc. They are shocked at how foreign women can be perceived as mere property of men, put here on Earth only for the sole purpose of visually/sexually pleasing and serving Man (and bearing his children of course). "*God!*" they gasp as they are exposed to these "shocking" facts, "*I can't believe that! That just makes me sick, how the women are treated!*" as they apply their lipstick and eyeliner, preparing their faces for another day in public view.

What bothers me most is that nobody sees the connection to all this in our own culture's perception of women--in everything from ads telling women to "defy their age," to the thirty zillion different fashion magazines telling women how to be more sexually appealing, to the overwhelmingly disproportionate number of strip bars aimed specifically at pleasing men--all are evidence of the woman's perceived role in our society, and everyone so willingly accepts it all as normal and "natural."

We generally underestimate the power of the enormous Media monster. Dazzled by glossy ads painted with visions of true romance and happiness, the citizen is kept completely oblivious to the fact that behind every word and image presented to us, behind all those bits and pieces of information fed to us, is the persistent underlying notion that it is the female's role to serve and please the men, even when it is disguised behind beauty products which will "bring women happiness." *He must* be an achiever, and her make-up and accessories must look "just so," above all things. He is the winner, the power jackhammer, and be it through sexuality, domestic servitude, being visually pleasing, or the overall helpfulness and nurturing--she serves him, while he is not obligated to reutrn any of this to her (only money and status, as if the woman can't earn it herself--but that is another issue I won't get into right now).

Men in full suits, women in high heels and short skirts. Manicures, beauty salons, endless shopping sprees are all part of everyday life for "normal" women. Women who refuse to buy into this are labeled as "weird" and even "unfeminine." Similarly, women who refuse obedience and physical servitude to men are beaten, raped, and abused, but we'll get into that later (page 43 if you can't wait).

Liberation in the 90's. Madonna & Sharon Stone & the rest of 'em can tell us about all the "power" we can have by looking sexy. Is this the only kind of power we have? I refuse to believe so.

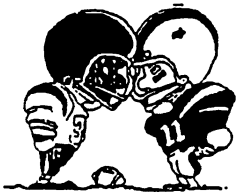
Oh, today's woman has "choices." When rigid beauty standards are more like *expectations* than choices, there's no liberation here. Those multi-billion dollar fashion/cosmetic corporate industries are really there to help us women, right? They provide us with "options" and ways to "look & feel good." All these chemicals and cremes to give our faces the "natural" look, all these clothes to boost our "natural" curves (since when did our tits naturally go up to our noses?). Can nobody distinguish between the *option* of buying all these products and having the social *compulsion* to do so?

Don't give me that "Liberated Woman of the 90's" crap, telling me about all the "power" I have by looking sexy. The reality is more like "You *must* look sexy, or you cannot have any kind of power." Hardly seems fair or equal when fat, ugly old men still have all the socio-political and economic power in this country. But we're *liberated* with our "power suits" and mini-skirts, right?

Don't let them sell you the notion that you can find femininity through cosmetics, liberation and "power" in a mini-skirt. I think if you look hard enough you can indeed find power deep within yourself. Why should your "power" have to involve the sexual pleasing of men?



Machismo hurts women





The strong and macho have become the worshipped icons in society, and are almost always immediately associated with maleness. (Pepsi commercials "Are you a man, or are you a coward?"—implying that the opposite of "man" is coward, the opposite of "man" also being woman). The weak are frowned upon and ridiculed. Therefore, femininity is ridiculed. "Feminine" mannerisms are portrayed in demeaning and negative ways, especially on TV. Men who speak or act in "feminine" ways are called "sissies" and "pussies," which is more of an insult to us than to them.

This is yet another reason why women are reduced down to our beauty being the most important thing about us. We become little more than smiling little sex tools whose primary role is to serve and pleasure men (observe your local "Hooters" restaurant). Thus we become prizes, objects of conquest—the men are the hunters, we are the prey. The staggering numbers of rape, harassment, and sexual assault are living evidence of this cultural mentality. This feeling of always being "hunted," stalked, is what keeps women living their lives in constant fear, which is a terrible way to have to live.



Even when we have consented sex, we are often bragged about and spoken of as a scoreboard, as if we were some kind of football game, because the "macho" man conquers all.

"Macho" teaches that a man has to be in control—of everything. The crazed control freak then feels that he can control his wife/girlfriend too. And when she resists, he feels justified in beating, abusing, punishing her. By definition, she is the inherent opposite of "macho," therefore she has no right to any control, decision-making, or personal opinions.

We are all thinking, feeling, human beings.

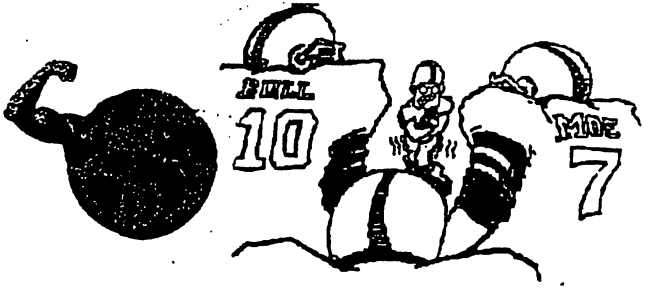
MACHISMO HURTS

MEN: WHY YOU SHOULD NOT BE MACHO:
(besides that it hurts women)

1) It is an enormous pressure to be the Macho Hero, the Winner, the Achiever, the power source, all the time. It can be a tremendous cause of stress and high anxiety, which takes a toll on both mental and physical health. You can't always achieve all the "big Man" macho standards, and it can result in a sense of failure, inadequacy, and depression.

2) Women are taught to highly value their relationships with others. We develop very close friendships. Male friendships often lack closeness/intimacy, partly because of homophobia, and largely because men are taught not to openly express feelings and emotions—it contradicts the very essence of "macho." This is sad because it is important to have close friends with whom we can share our innermost thoughts, feelings, fears. As a result, many men suffer from an incredible sense of loneliness and isolation.

You are all thinking, feeling, human beings.
Not muscle machines!!!



ALL OF US!!!

I know this is hard to read but it's well worth it. It was written by Kristin of "Who is John Galt?" Zine from Boston →



START ↑

sorry it's so small. another point: if you want to spend your entire life trying to convince

[illegible] that this is a matter I feel so passionately [illegible] I am VERY Pro-choice... The summer after 11th grade I went to Lebanon Valley College to participate in a gender issues study program. Part of the session included a day when a speaker from Planned Parenthood came in and spoke to us about her organization, including what a counselor would tell a woman who was seeking an abortion. Later in the day, a woman from a "pro-life" counseling center spoke to us and afterwards we compared the two presentations.

After the pro-choice speaker left (and from here on in I'll refer to them by their status in the issue since it's easiest to keep track that way) we were very positive and appreciative of both the organization and the courtesy she gave us, a group of 15-17 year olds. The "pro-life" speaker, on the other hand, as a speaker and a supposedly influential one at that, simply sucked... though she did introduce us to the wonderful world of propaganda and semantics.

This will end up being a list here so I'll just number it as such:

1. People who share this woman's mind-set call themselves "pro-life", thus it follows that those who disagree with them would be anti-life and any idiot with no free thought could see that that is OBVIOUSLY not the case. Pro-choice does not mean pro-genocide. Why is it that "duh" seems an appropriate remark here? Pro-choice is exactly that, and therefore, those who disagree would be anti-choice, which is what they are, without a doubt. The way I see it, pro-life should be the label for anyone who simply would not choose abortion as an option for themselves. This way, the term can apply to those who support choice as well.

(unrelated sidenote: my connecting ribbon just ran out, so bear with me for a while...)

2. This is a hectic one here, please try to understand what I mean. The anti-choice speaker discussed the options of adoption adn abortion as if the two were essentially the same but for a 9 month waiting period. As if saying, why would you possibly not want to carry the child to term since you can? Then she explained that women who have abortions often a feel separation and emptiness as a result of their "mistaken decision", therefore the organization offers pre-abortion counseling. Wouldn't it follow then that a woman who has given up a child for adoption would possibly feel the same separation? Of course, she says. Then why don't they offer post-adoption counseling? Uh...stammer stammer... That is a very valid point... Uh, next point... Planned Parenthood offers both, referring to either option as just that, an option, not a mistake. If a woman decides to a have an abortion and regrets her decision or has trouble accepting it, I can't possibly see how referring to it as "her mistake" could help...

3. The anti-choice speaker also brushed his issues of rape and sexual abuse, putting abortion on the same scale as them as far as the trauma involved is concerned. I can totally understand how the decision could be immensely traumatic, especially if one regrets it afterward, but it was a choice they women made. No one chooses rape or abuse, so I think it can't be dealt with on the same level in anyway. These are issues of force, abortion is not. Don't blame pro-choice legislation for the fact that some women decide afterward that they shouldn't have done it. It's like, "Ooh, this could be a really tough choice for me to make. I'm sure glad that the decision has already a been made for me, because it might have been real confusing with all those options." Extensive counseling pre-abortion is essential, & so is the availability of post-abortion counseling, but don't assume there won't be women who are confident that their decision to have an abortion was the best one they could make.

4. The potential generational gap and insecurity thing:

the pro-choice speaker was 26, the anti-choice speaker, I would guess, was in her mid-late fifties, so obviously we might have had a tendancy to take more of a shine liking to the younger women. I think it though, that it was because she treated us with the respect a group of adults would have received while the older women repeatedly referred to us as "you girls" and told us a lost about what we didn't understand. Please! If were mature enough to storm you as you run screaming from the room, we're old enough not to be patronized. She made sure [not] sort of asinine comment about how, essentially, the decision to have sex in the first place wasn't ever really up the women involved. Of course it is!!!!! Just as much as it is artificially up one of the men involved: to decide wht each of them want and then act upon that decision. Yes, she told us that women use sex as to get love and men use love to get sex. Well Hell then color me an old maid because that doesn't like a game I want too play. If ANY of my friends would have said something that stupid to me, I'd be forced to ask (after I'd kicked 'em really forcefully hard in the head) "Now, exactly why do you hate yourself enough to say that?" Why would anyone bother accepting that theory when they could just ignore it.... ARgh-GHrggh!!! See, it's really really late (like 3am) and I am tired and I am greatly irritated with myself for becoming so cranky... If I EVER BASE EVER!! met someone with an anti-choice viewpoint that wasn't completely riddled with such eaten holes from being hung out there so long or bullet holes from being shot down so much. I'd shove their hand and promised to debate with them till kingdom come. As it is, the anti-choice women just amuse me laugh and ignore their propaganda filled hotair. (It's their up-for-re-election freinds and their front-liners abortion clinic bombers we need to be aware of...)

See, I just get so pissed off talking about that kind of muddy minded B.S... It's like having forced to argue with someone who insists they can walk on water... (hey there is a connection there, isn't there....) MAKE YOUR OWN CHOICES, JUST HAVE A BIT OF A CLUE BEFORE YOU ATTEMPT TO CLOG SOMEONE ELSES CHOICES W/ THEM.

women that abortions are wrong, go ahead, just don't pretend you have the right to make that decision for them. FINISH.

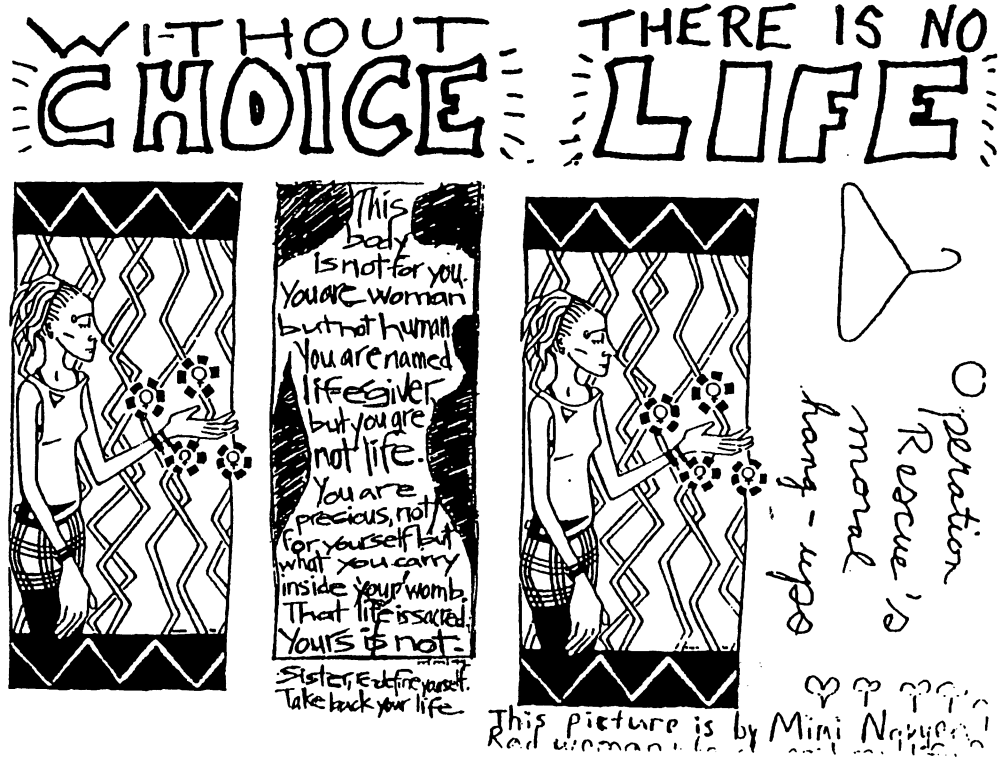
This is a call-to-action. Operation Reskkkue has had a big presence in San Diego lately. The Republican GOP convention will be held in San Diego in July '96, and the anti-Choicers plan on having a big demonstrative presence there (Op. Reskkkue already has hundreds of hotel rooms booked!). This will be similar to their invasion of San Diego's Earth Day Fair last year, which included walking around with jars of "aborted fetuses" (which are often actually miscarriages or stillborns--most abortions consist of slime and blood, not lifelike creatures--but I digress), and pushing this false propaganda into further false contentions, such as calling anyone who supports choice "Pro-Death," which is far from the truth. Ignorance breeds hatred, so we must fight this kind of ignorance. Most importantly, we must fight for the right to control our own bodies, although it is sad that we should even have to do so. If abortion is morally wrong, then God will deal with the "sinners" in Her own way--the rich white male government has no place in playing God. They know that having control over women's reproductive systems means control over women's lives. Girls, take back your lives.

I am planning to mobilize all Pro-Choice groups/individuals who are interested to come and counter-demonstrate. It would be significant to have a loud Pro-Choice presence at the GOP. Anybody who is interested in helping in any way, please contact Cari B. at:

10896 Montego Drive / San Diego, CA 92124 / (619) 560-9136

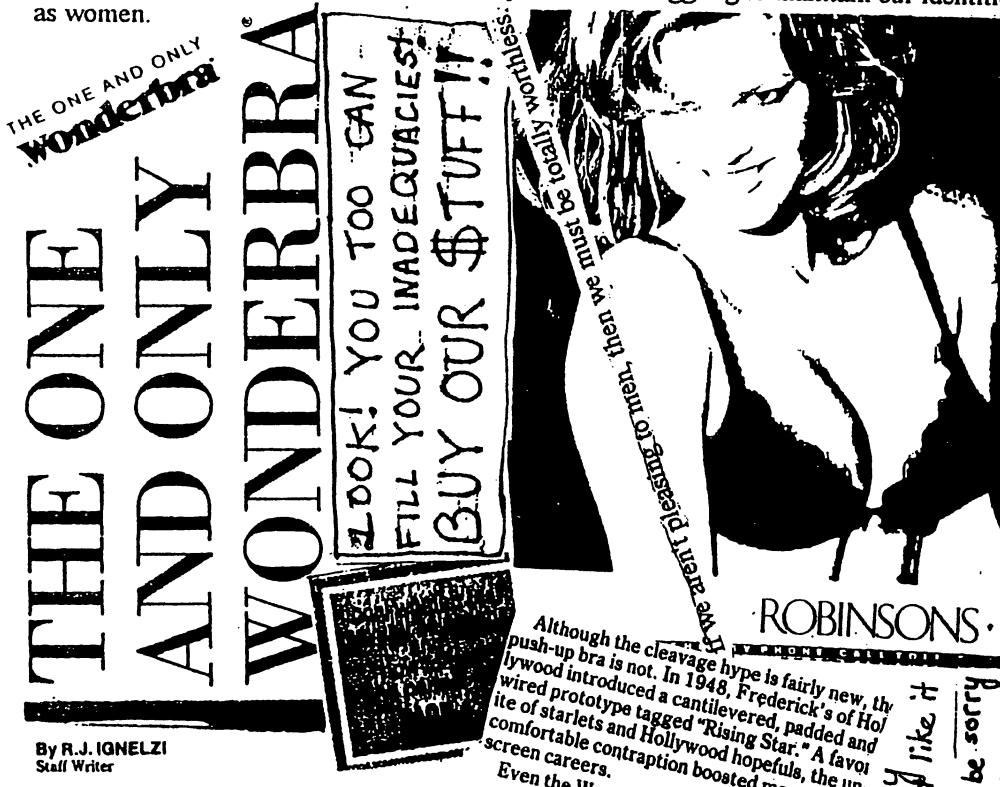
(Any anti-Choice freaks who get a hold of this, don't even consider harassing/terrorizing me--you will regret it)

Girls, we are dangerously close to losing our reproductive choice. We have lost Pro-Choice seats in both houses of Congress, the number of medical schools teaching abortion procedures have gone down considerably, violence and terrorism against clinics is rising constantly, and many speculate that the Roe vs. Wade decision will be overturned in the future. If we don't fight, government control over our uteruses can and will become a reality!



The other day, our local newspaper had this huge article on the new wonderbras beir invented. There were actually 2 entire full newspaper pages dedicated to this, with full- diagrams and everything! There are actually scientists and inventors working in laboratories to create better bras that shove up our boobs even higher so that we can sho more cleavage. Can you believe this shit? They could be trying to cure diseases or to sa the environment or something, but hey, they're improving the appearance of our breasts.

They consider this new "wonderbra" a total breakthrough because it creates more cleavage than ever before, and more and more women will be wearing these. Then they proceed to inform us that the new 90's image for women is "not thin, but bustier . . ." So guess we don't have to starve and be anorexic waifs anymore, but we have to be "full and busty" with these new improved wire push-up wonderbras. Once again, we are told to conform to narrow standards of beauty, as part of our struggling to maintain our identiti as women.



By R.J. IGNELZI
Staff Writer

The bust business is booming. Thanks to the revival and redesign of an assortment of push-up bras, women's cleavage — like it or not — has been getting a lot more public exposure these days.

With bra sales up nearly 20 percent over the last four years, an increasing number of women are taking the plunge and buying bras that push them in, lift them up and promise to enhance their feminine virtues.

"In 1994 we said goodbye to the waif look and hello to more natural, feminine curves," said Nancy Brennick, spokeswoman for Sara Lee Intimates, maker of the much-hyped Wonderbra. "Now we celebrate the female form because the womanly woman is back and the Wonderbra makes the most of what she's got."

Although the cleavage hype is fairly new, th push-up bra is not. In 1948, Frederick's of Hol lywood introduced a cantilevered, padded and wired prototype tagged "Rising Star." A favoi ite of starlets and Hollywood hopefuls, the un- comfortable contraption boosted more than screen careers.

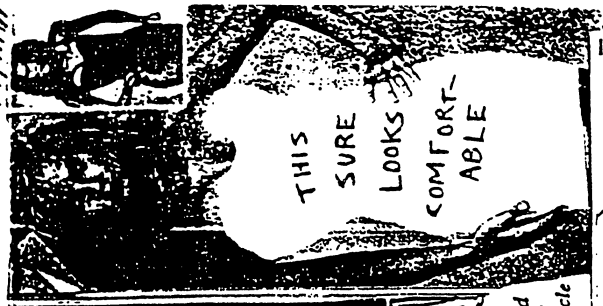
Even the Wonderbra has been around for a

See Wonder on Page E-4

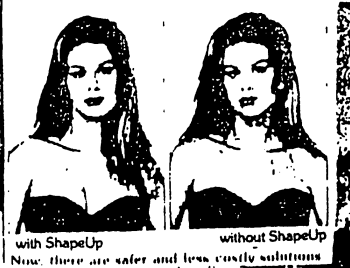
THE ONE AND ONLY WONDERBRA

This is my body Sorry if you don't like it Actually, why should I be sorry

Figure Miracles



Instant Support and Cleavage in Style



Now, there are safer and less costly solutions to enhance bustline.



Figure Miracles

A INSTANT HOURGLASS
A flat tummy, slender hips and bust-out cleavage are instantly yours when you wear our miracle all-in-one body-sculpting powerslip. Incredibly strong powerstretch nylon/Lycra® spandex boasts an underwir bra with removable push-up Built-in cotton panty has adjustable snap panel...fit heights. Straps convert to strapless, criss-cross or hal U.S.A. Made.

#59477 $54
Order sizes: S-M-L-XL
10—WHITE 86—BLACK



SILICONE BREAST ENHANCERS
The ultimate bra pad made from the same silicone used in breast augmentation. Safe and durable, these silicone enhancers tuck securely into most bra cups to add exciting new volume to your bustline. They warm to your body temperature and blend naturally with your own breasts.

HOW THEY WORK:
If you are very flat chested, order AA/A cup. Insert into an A cup bra and create new subtle fullness that will thrill you! If you are already an A cup, order size A/B. Insert in an A cup bra for a dramatic push-up look...insert in a B cup bra to increase your size to a natural B. If you are a B cup now, order size B/C. Insert enhancers into your B cup bra the push-up effect... in a C cup bra to become a perfect you are a size C/D. Wear in C cup bras for a full bust- perfect D. Patented. Made in Germany.

Women's Lib, I'm gonna start Fat Lib. Jim Boob Lib!!! -C.B.

ENHANCERS: #58792 $88 pr.
Order sizes: AA/A, A/B, B/C or C/D
13—NUDE

SALLY FORTH by GREG HOWARD and CRAIG MacINTOSH

If we've repeated quotes from previous issues, It's cuz we like them a lot!

"The truth is that to displease men, to disobey them, is still deadly for women. But the truth also is that only when we stop obeying men do we truly begin to live."
--Sonia Johnson

F YOU THINK EDUCATION IS EXPENSIVE TRY IGNORANCE

Hey atleast the quote is good → --Total Chaos



"I yam what I yam."
--Popeye

Hey! Popeye was pretty smart!

"No matter what your fight, don't be ladylike!"
--"Mother" Mary Jones

BE WARNED! THE NATURE OF YOUR OPPRESSION IS THE AESTHETIC OF OUR ANGER
-CRASS

"Women have served all these centuries as looking-glasses possessing the magic and delicious power of reflecting the figure of man at twice its natural size."
--Virginia Woolf

"I myself have never been able to find out precisely what feminism is: I only know that people call me a feminist whenever I express sentiments that differentiate me from a doormat."
--Rebecca West

-- According to a government report, 98% of rapists will NOT be apprehended, convicted, or incarcerated.

Petite female alone

One night I was driving home after gymnastics practice. I was 16 and it was one of my first times driving alone at night. It was about 9:00 and I needed to stop at Vons to pick up some aspirin on the way home.

When I pulled into the parking space I turned off the engine & sat there awhile taking the tape off my wrists (from workout). There were lots of cars around but no people. Suddenly I saw a man in my rear view mirror. He was walking towards my car with long, confident strides. At first glance (It was dark) he seemed like some kind of authority figure, I don't know, like some security guard or something, coming over to tell me I was doing something wrong.

He motioned for me to roll down my window. In my foolish naivete I promptly obeyed (I was young). Atleast I was smart enough to only roll it down a crack. I expected some abrupt voice to tell me to do something--instead, he just stood there and said "HI" and started talking.

I knew from his first words that something was terribly wrong. His words were jumbled and slurred, and I felt his stare stabbing right at me. You know, how you can tell when guys are looking at you like that? The twinge of fear came and I should have tried to leave right then, but I froze at first with panic.

Then it started: "Well I think you're very beautiful and, and, I want to get to know you . . . why don't you roll down your window . . . we should spend some time together . . . roll down your window . . . just roll down your window . . . come on, you should roll down your window . . .

He kept on getting pushier and pushier. I could tell from his movements and his speech that he was somehow mentally impaired. But his body was big and healthy and he seemed like he could get violent . . .

He started sticking his fingers thru the crack in my window, and reached down and tried the door handle. Thank God it was locked! I always lock my car doors. Finally I snapped out of the frozen shock and tried to start the engine.

My car is notorious for failing me at the worst of times. This time was pretty much the top of the list. The engine wouldn't start--I had probably flooded it. But anyway the fact that I tried to start the car made the man very angry. He started yanking on the door handle really hard and pounding on the window, and the look on his face was horrifying.

I don't know how long I was there. He kept banging on the windows and shouting incoherently. The tears started forming in my eyes and I kept trying to start the car. Then he ran around the front of the car, then he started trying to open the door on the passenger side. He was banging the windows with his fists. I thought he might even break the windows, he was banging so hard.

Well, this story, unlike so many others, had a happy ending. The engine suddenly started, like magic, and I floored the gas and got the hell out of there. Of course, I was so shaken up by the whole thing, I took a left turn out of the parking lot into the wrong way down a busy street and played chicken with oncoming traffic. But I made it home safe & untouched that night. Literally millions of girls don't. Millions every year.

1 in 3 WOMEN WILL BE A VICTIM OF RAPE SOMETIME IN LIFE (IN THE U.S.)

. Just because I am female, does that mean I should not try to pick up some aspirin if I need some at 9:00 p.m.? Or do I have to go find a male friend to do it for me. Independence and autonomy is a very valuable thing to most people. Even men should be able to understand that.

Not only am I female, but I am very small (4'11"), making me a seemingly easy target for male predators. Small vulnerable female, easy to physically dominate. I know practically every girl has had a bad experience like this, but sometimes I wonder if my smallness makes me a more common target. The Vons parking lot thing was only one of very many bad experiences for me. And I mean many. So many that I could never recall all of them, not that I'd want to.

So now not only am I unable to sleep at night and terrified of being alone anywhere, not only do I experience great fear and anxiety on a daily basis, I am also angry. Angry that I should have to live my life like this. Constantly terrified. Always forced to limit my actions and snub many perfectly innocent strangers.

I was pumping gas one night. It was on a busy corner and there were lots of people around. A young man was filling a gas can from the pumps. He came up to me & introduced himself. He explained that his car had run out of gas and he had walked a long way to the station to fill the gas can, and could I please give him a ride back to his car.

Fact or fiction? Deep down in my heart I felt sure he was telling the truth. And I had this instinct I always have to help people in need. I believed him and wanted to help him.

"Sorry," was all I said, rather coldly. Didn't look in his face, turned my back to him, got into my car, and left (car started that time).

All the way home I thought about that nice young man. I think he was an innocent guy telling the truth. I'll never know. And I felt evil for totally snubbing him the way I did. Am I evil?

Evil and cold-hearted? No, just scared. Statistics are the harsh reality. Kidnap, rape, murder, MILLIONS of girls each year. Girls being pulled into cars and vans. Being found naked and dead in some field somewhere days after . . .

I was back at that same Vons a couple weeks later. Only this time it was in broad afternoon daylight. Went in, bought a couple groceries, then headed back towards my car.

Soon a black van is rolling along right beside me, creeping along at my pace. I pretend not to see it, stare straight ahead & walk a little faster. I could see my old blue mustang only yards ahead of me.

The van door slides open and there are some men snickering and making lewd comments. Then it starts.

"Hey baby, why don't you hop in, take a little ride."

My heart starts beating harder, I stare straight ahead and start walking even faster. Just a few more yards . . .

"Come on, baby! Come on & get in, we'll take you for the ride of your life! C'mon, get in! We won't hurt you! Come over here, baby! Just hop in!"

My heart is pounding in my throat & I'm almost jogging by now, purse and groceries in my hands. I won't look at them but I could tell that there were atleast 3 men.

I'm panting when I reach my car & I'm fumbling to get the key in the lock because I'm shaking so bad. Just don't look back, get in the car and leave. Slam the door, lock it. In the distance I hear a van peeling out, some men whooping and hollering, letting out long, hideous laughter that rings in my ears.

I made it home safe that day.

Dangerous mission to Vons completed.

A WOMAN IS RAPED EVERY 6 MINUTES IN THIS COUNTRY

So this is my life. Fear of leaving my house, fear of being alone in my house. Fear, fear, FEAR. Danger that is as real as the daily news. "Approximately one in every three girls are rape victims . . ." But how many are never reported? Most of my friends who are rape victims didn't report it.

The other night I went with my boyfriend to his band's gig. Turns out, it's at a 21 & up place, and I'm the only person under 21. So there I am hangin' outside the bar, in Mission Beach no less, which is no place for a girl to be alone at night. Rape & other crimes are very common there at night. My friend reminded me of this, told me to be careful, that girls are often pulled into that men's restroom over there and gang-raped, and so I should stay by the bar's entrance.

The moment the band starts, everybody outside goes in. Even the bouncer at the door goes in and closes the door. So there I am again, alone. I sit on a stair by the door.

Not even 30 seconds have gone by, and sure enough, I'm approaced by a gang of about 7 or 8 guys. They're all about my age but of course all a foot taller than me. They all have smirks on their faces, and waste no time walking right up and surrounding me. One of them sits down next to me, his whole body right up against mine.

He sticks his face about 2 inches from mine. "Hey baby, how ya doin' tonight?" His alcohol breath is so strong I can practically taste it. I turn my head and the gang is snickering.

He puts his arm around me. "What's the matter? Dontcha wanna talk? Here, wanna Tic-Tac?" More snickering, guys nudging each other.

Once again comes the knot of dread clinches my stomach. Panic and fear, so familiar, but this time a lot of anger too, anger because I am so sick of this!!

"No!" I instantly get up and shove my way thru them and start walking rapidly, looking for a populated area.

"Oooh," I hear behind me. "A little conceited bitch, eh?" More snickering. Laughter behind me, but I can't tell how close . . .

Fortunately I find an arcade nearby. I'm fairly safe around the people, but I can see the gang from a distance, and they're all watching me. Where are those rent-a-cops when you need them? One hour to kill until the band finishes . . .

Conceited bitch, huh? Well, sometimes I guess there's not much choice. Either conceited bitch or victim of violence. I am a conceited bitch all too often.

A lot of men complain about how feminists, or just womyn in general, are so hostile so often. Men say, "Well, I'm not a rapist or sexual assaulter," and they can't understand why we can seem so hostile at times. I wish thay they would understand that we feel like we're constantly being attacked. No man faces that much threat on a daily basis. I heard somewhere that the only analogy a man can understand is if whenever he walked down a street, every person he passed by tried to pick a fight with him.

Some would say that is exaggeration. I don't. Even when we aren't having big scares and close calls, there's those endless whistles and cat-calls and shouting. Men would take it as a compliment; they don't have the same kind of threat and danger that we have. To them, it's some big game, some big joke. To women, it's not flattery when men whistle and cat-call and shout comments. It's about power, domination, and control. It's about violation and robbing women of their self-confidence.

Men, don't complain if your feminist friends seem hostile at times, but rather try to understand what we're going through. It's not easy being a girl in a womyn-hating society, nor is it easy livin' in constant threat of sexual violence.

I'm Carl b., petite female, and when I have to go somewhere alone, I hate to be it but I'm often the "conceited bitch," especially with male strangers. Men, I don't hate you. I'm just scared to death.

I wrote this because I had a "spat" with a male friend of mine who is offended by the phrase "Every man is a potential rapist." This is not meant to accuse and point fingers, but to make evident what it feels like to be a woman in this world. Women have every reason to not trust any male stranger they see walking down the street. That is a tragedy--it is not "natural." Yes, women rape men and men rape men and women rape women, but I am addressing the social scenario in its entirety--male dominance is always implied and accepted. Men do no know what it is like to walk down the street and be catcalled and harassed by women who feel a sense of sexual power and domination over them. This is something women deal with every day of their lives.

75% of men will never rape. That means that 1 in 4 men will rape--that is a fucking lot! I know what most other men think--they say this to me all the time--"But *I'm* not a rapist! *I* don't beat, abuse, or assault women!" No, you don't, but you support misogynistic bands, you laugh along at your friends' sexist jokes, you listen without remark while male buddies brag of their conquests in the locker room, regarding women with contempt and derogation. Nobody, and I mean nobody wants to acknowledge it, but we all, kind-hearted and open-minded as we are, unwittingly support the oppression of others in ways we don't often realize. I even do it too, probably in lots of ways that I don't know. Try it though--try explaining to someone how they support someone else's oppression, and that person will become more defensive than you can believe.





MALE VIOLENCE = FEMALE SILENCE

My point here, Men, is that sexism is not just "women's issues." It's everybody's concern. Men, you all have mothers and sisters and girlfriends and female friends who are close to you. They are being raped at the rate of 1 every 6 minutes, beaten by a spouse or lover once every 12 seconds--1 in 3 women will suffer a violent sexual assault sometime in her life. Violence against women is a hate crime--it is committed against them *because* they are women. And, men, every time one of you attacks us, you all suffer for it because all of you lose a bit more of our trust.

Women alone will never end sexism and misogyny. The only way things will ever change is if men join us in the fight. Men, it is time to start taking responsibility for other men's actions. Reading the article on the next page is a great place to start. Educate yourself and then pass it on . . . help out your sisters if you love them!

MEN *can stop* RAPE

(a few tips for men on how to start)

(written by Mark Andersen)

****Don't laugh at jokes that make light of rape, harassment or other belittling of women or their concerns.** This helps to build the social context within which rape becomes acceptable. If necessary, calmly confront the man who is making the joke, explaining why you do not find it funny and saying that you wish he would not talk that way.

****Don't support magazines, movies, language or music that objectifies or demeans women.** Anything, from pornography to MTV to advertising that makes women seem less-than-human or makes them into a product to be consumed contributes to the psychic numbing that makes rape possible. The same process of "dehumanizing the enemy/desensitizing the soldier" that goes on in war goes on everyday, especially for men who often have not been brought to be deeply sensitive creatures in the first place. Men need to see women as they really are—not as the "other", an "enemy" or a "product" but as thinking, feeling human beings.

****Give support and acceptance to a woman/girl who says she has been raped.** Listen to them and believe them. Though there are women who have lied about attacks, there are far more who have faced the double penalty of the attack itself and then the disbelief of those who she confides in—truly adding insult to injury.

****Don't blame a woman for being raped.** Often our society blames the victim for their plight—"the poor are lazy", etc.—but we must see beyond this. Women do not ask to be raped. They should have the right to walk wherever they want, to say whatever they want, to wear whatever they want, without being raped. Rape is not a sexual act, it is an act of violence and domination. Men must be held responsible for their actions. *Nothing justifies the crime of rape.*

****Educate yourself about rape and support the efforts by women in your life to educate themselves or take self-defense or otherwise protect themselves aginst assault.** You have not been put on earth to be women's protector. Remember that you are simply trying to take responsibility for your own actions and those of other men. Women are also acting for themselves. Let them. Support, don't patronize.

****Be aware of how your presence as a man affects women on the street or elsewhere.** Sad to say, in our society, a woman has every reason to be suspicious of men, especially unfamiliar men in public situations. For example, it is advisable if you find yourself walking behind a woman on a lonely street at night to cross to the other side of the street. Don't be offended that a woman might be suspicious of you. Rather sympathize with her plight—after all, you as a man have not had to live your whole life in fear of physical assault.



****Demand that the police and courts take rape seriously as a violent crime.** Insist that sufficient funding is given to public and private agencies that deal with rape prevention and counseling. Demand that the legal system put the accused rapist and not the victim on trial. Rape is one of the most underreported crimes—mostly because of the social stigma attached to it and the agony inflicted upon the victim by the courts, police, etc. Many authorities pay lip service to such concerns—it's your job to see that they do more.

****Tho this may sound strange, perhaps the most important thing you can as a man do is to not rape.** This means learning to communicate openly and honestly about your desires, and insisting on that from your partner(s). It means learning to take "no" for an answer and not assuming that "no" means "maybe". Learn to communicate your feelings without violence or its threat. This may mean avoiding sex with anyone who is drunk or chemically impaired or too young or who otherwise may be vulnerable to you. A large proportion of rapes take place between acquaintances. *Sex must be explicitly and mutually agreed upon, free of undue pressure, or it is rape.*

****Support and, if possible, join groups such as DC Men Against Rape who explicitly seek to encourage men to take their reponsibility to help end rape.** Almost without exception, it is men who rape—hence we must bear a special responsibility to help end it. Women today face an undeclared war against them. If you're a man who opposes violence against women, it's time to act—words are not enough.

22

presents

an EVENING OF ACTION and REACTION



ON Domestic Violence !



reception 6:30 main event 7:30

Sunday, November 12

at the Che Cafe, UCSD

visual art • food • guest speakers

musical performance • spoken word

information & action networks



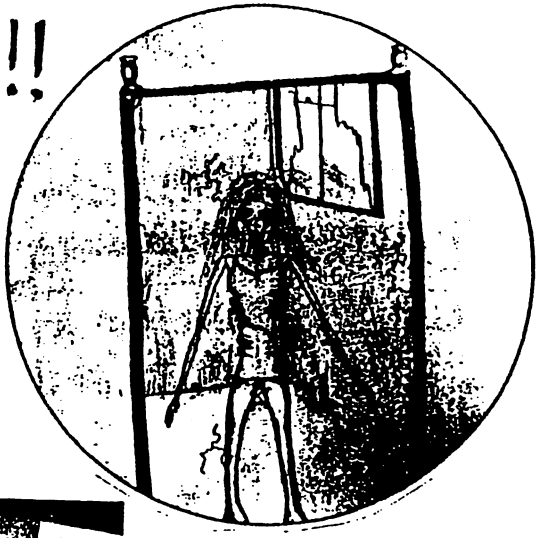
Know anyone who still thinks that the harassment of women is funny?

Educate them.

THESE DOUBLE STANDARDS SUCK!!

15 times more anorexics are female than male

85%-95% of bullmics are women

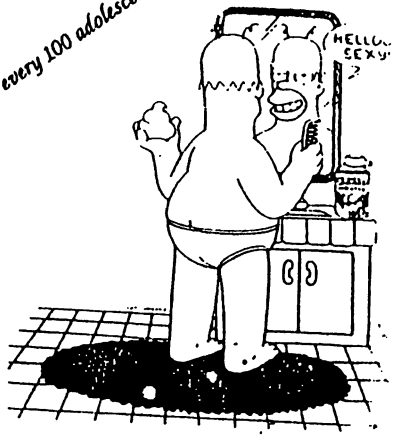


Dr. Joel Yager, Medical Director of the UCLA Eating Disorders Clinic: "Perhaps as many as 30% of women who go through college will cry vomiting at least once to avoid putting on weight."



"At this moment, it is estimated that in this country, 1 in every 200 adolescent girls is starving herself--possibly to death."

Other studies have indicated that closer to 1 in every 100 adolescent girls is starving herself.



BEAUTIFUL, SUNNY SAN DIEGO:

Some of 1994's events in recap:

1) **Roger Hedgecock Tries to Get Anti-Gays to March in Gay Pride Parade**

Former San Diego mayor and current Right-Wing radio talk-show host/activist Roger Hedgecock (c-o-c-k being the key four letters there) didn't like the fact that San Diego was going to host another annual Pride Fest without too much harassment. The Pride Fest consists of hundreds of gays and lesbians gathering to celebrate their homosexuality during two days of festivities, music, food, dancing, and to finish off with the Gay Rights Parade, including the "dykes on bikes" section in which my friend rode her motorcycle.

Roger Hedgecock is openly Anti-Gay and supports legal discrimination against homosexuals. He gathered up a little following of homophobics to protest the parade and claimed that heterosexuals (or, as they called themselves, "The Normals") had a right to march in the parade as well. Gays and lesbians had been trying to gain the right to march as a group in other San Diego parades, such as the Mother Goose parade, and had been denied the right. Now the homophobics didn't even want to let them have their own parade.

First, by calling themselves the "Normals," they purposely insultingly insinuated that gays and lesbians are somehow "abnormal" people. Secondly, when the gays and lesbians wanted to march in the Mother Goose parade, they were not openly "Anti-Mother Goose."

Fortunately, Roger & the Anti-Gays were denied the chance to march.

how lame Grow up Roger

2) **MTV Spring Break in Town**

Yay! We were privileged with the presence of MTV's Spring Break for a week or two, during which our beaches were bouncing with more g-strings and boobs than I knew existed even in sunny S.D. Let's all have a silent prayer that they don't come back next year.

3) **Major TGIF Harassment**

Several female employees of the TGIF restaurant finally came forward about being severely sexually harassed by the male managers (both verbally and physically). They all testified in court, some of them breaking down in tears while describing the crimes. They were all obviously very shaken and everybody knew they were speaking the truth.

After several weeks of publicized trial, all the male employers walked away totally free anyhow. More $$ = better lawyers

"And justice for all... who can afford it."
-Jello Biafra

4) **Hooters Opens**

Now San Diego too is a proud owner of ~~one~~ 3 of the many fine Hooters establishments. As if we didn't already have enough nudie bars and other places for all the military pigs to attend and then leave with even more respect for the female gender than they already have. (not to say that all military guys are pigs. Some of my good friends are in the military & I'm proud of them. I just think that later...)

5) **Feminist Figure Falls Victim to Domestic Violence**

Andrea O'Donnell, a popular figure/activist against domestic violence and prominent Women's Studies m at San Diego State University, was found strangled to death by her boyfriend on November 7.

Her boyfriend had been known to be abusive before, and right after he killed Andrea, he called her mom from their apartment said that he "thought" he had hurt her.

Now he is pleading "innocent" in a court of law.

6) **Female Fighter Pilot Crashed, Is Blamed**

One of the Navy's first female fighter pilots was killed when the F-14 she was landing crashed into the oce Typically, whenever male F-14 pilots have crashed and died, it was considered a freak accident and a "terrible tragedy," after which they were honored for "dying while serving their country." However, Lt. Hultgreen was subjected to suspicions of *incompetence as a pilot on account of her femaleness.*

"Accidents killed 10 Navy fliers last year, 30 the year before. These caualties were all men." But never w any of the male pilots subjected to this vote of inconfidence. For Lt. Hultgreen, however, many claimed that the crash was a result of her having "the wrong chromosomes." There has even been a proposed campaign to "challenge [Hultgreen's] fighter-jock credentials."

It was positively confirmed that the F-14 was having engine problems before she tried to land, yet there w still a bunch of men claiming that the crash was because of the Navy's "lowering standards" to let females beco pilots (you know, like the police force does, to make us women feel better). They claimed that Lt. Hultgreen ha been given "preferential treatment" because she was a woman, therefore she was in the cockpit of an F-14 witho being fully qualified to fly it. She passed the same test that every other male Navy pilot has had to pass.

Later it was confirmed by Navy officials that not only was Lt. Hultgreen an extremely competent pilot, but also her pilot abilities were "above average" compared to her fellow officers.



LT. KARA HULTGREEN

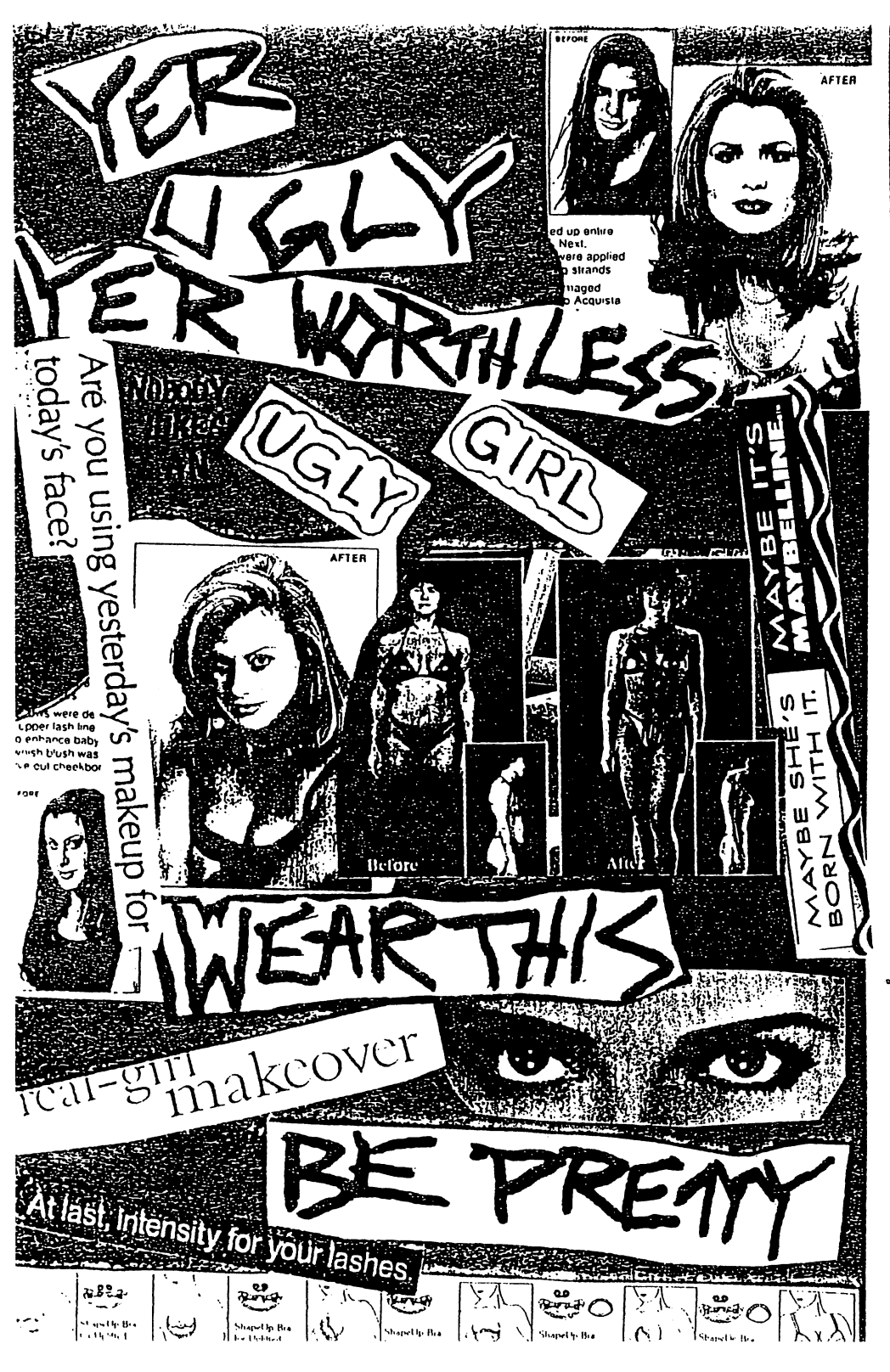
R.I.P.

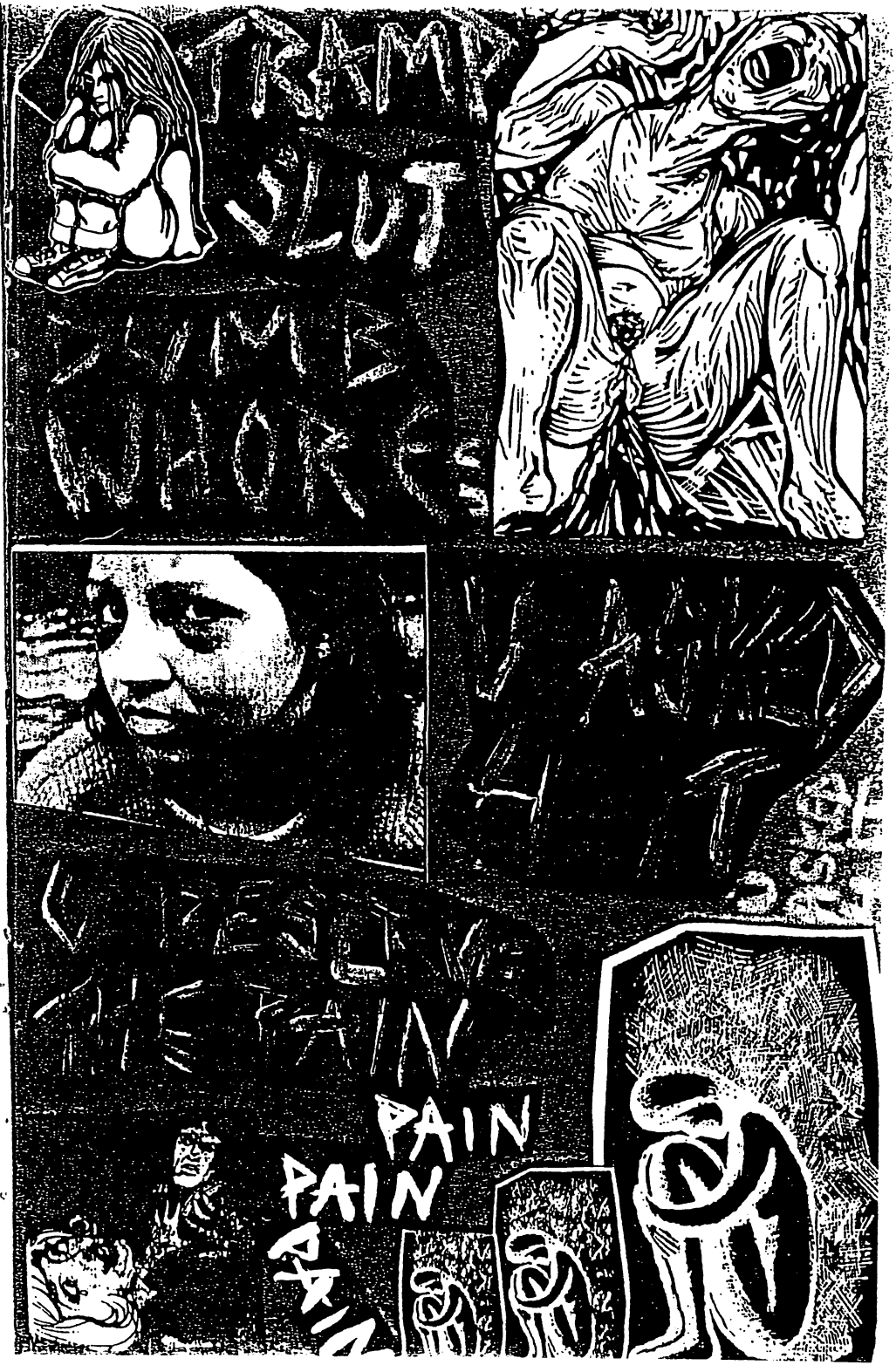
(Not that I'm crazy about the military, but this was an outstanding womyn)

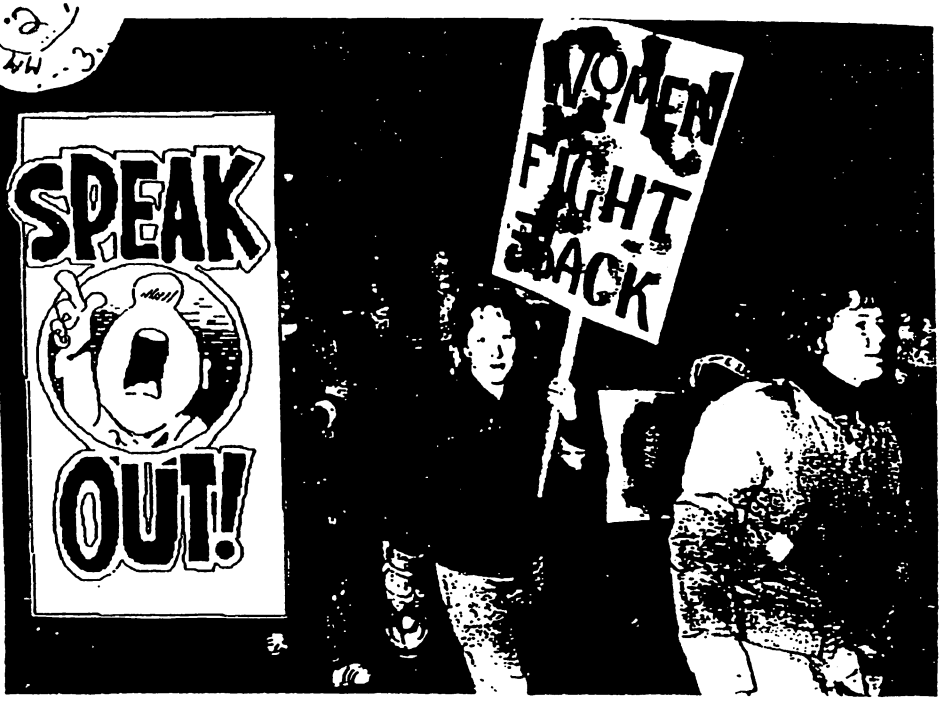


O'Donnell was a student of women's studies at SDSU and directed the campus' student-operated Women's Resource Center. This included activism in the fight against domestic violence in the nation, friends and family members said.

Professor Kathleen Jones, chairwoman of the SDSU women's studies department, said O'Donnell was an activist who energetically directed the center. Jones spoke glowingly of O'Donnell, describing the student's "warmth, energy and commitment to better the lives of women."


YER UGLY
YER WORTHLESS
BEFORE
AFTER
Nobody likes an UGLY GIRL
Are you using yesterday's makeup for today's face?
AFTER
Before
After
MAYBE IT'S MAYBELLINE.
MAYBE SHE'S BORN WITH IT.
WEAR THIS
real-girl makeover
BE PRETTY
At last, intensity for your lashes.


I'M A SLUT
FOR PAIN
PAIN
PAIN



** Peruvian and Chilean women surrounded a batterer's house, banging pots and pans while he attacked, until he was shamed into stopping.

** 15 women entered a store and another 15 waited outside while one woman told the owner how it felt to be raped by him.

** One man, repeatedly accused of rape by various women but never punished by the courts, was surrounded by a band of women who broke into his house and stood there for six hours until he fell to the floor twitching with terror

** One group routinely caught rapists, shaved them, and dyed their heads bright colors.

** In England, a man who was discovered by his peers to be raping and abusing his partner was drugged, driven to the countryside, and gagged and tied to a tree, while his assailants returned to his home, sold his furniture (giving proceeds to a rape crisis center) and postered his neighborhood identifying him as a woman-abuser.

** University women posted an "official notice" of a 10 p.m. curfew on men living in residence after a spate of attacks on campus.

exerpted from Ecomedia, P.O. Box 915, Stn. F
Toronto, Ontario, Canada M4y 2N9

RECLAIM THE CONTROL

The following is from a survey conducted by EDK Associates, a Manhattan-based research firm specializing in issues pertaining to women:

- **9 out of 10 American women say equality is important to them**
- **68% of women say they lack equality in some part of their lives**
- **49% say they do not have equality at all**
- **but only 25% say they would work hard to achieve equality →what?**



PUNX, HYPOCRITES

It almost seems futile to talk about sexism in the punk scene anymore. These days, most people don't even associate the word "punk" with Revolution and defiance of the oppressive system. The word "anarchy" has truly lost its meaning after the circle-A was slapped on a t-shirt and sold for profit, just as "Woman" loses her human meaning after her body is marketed and sold as a commodity. Not only does the hypocrisy of capitalized punk scar our struggling movement, but time and time again I witness the "counterculture" masses displaying one of the most prevalent hypocrisies of current mainstream society--the simultaneous denouncing of racism and promoting of sexism. Yes, the majority of American lemmings have finally accepted that "You can't judge a MAN by the color of HIS skin," while supporting hatred of women as if the "battle of the sexes" were some kind of cute joke as entertainment on some sitcom. While names such as Hitler and Metzger are unquestioned evils even on most white lips, Woman-haters such as Howard Stern and Snoop Doggy-Dogg are glorified, even idolized.

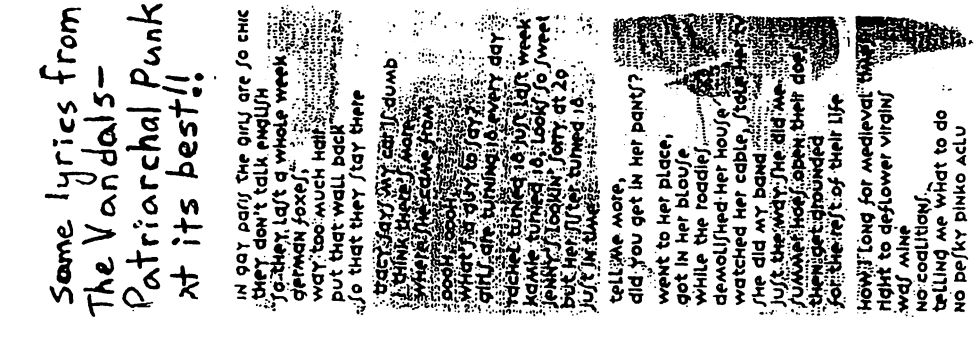
On an exact parallel, I witness the same script being acted out at every "punk" show I see, complete with scuzzy guys and Wonderbra-bustin' girls cramming the bathrooms to fix their hair and lipstick; guys up on stage screaming about how getting head and how females are only good for one thing, while girls obediently bounce and throw their bras on stage in admiration, each one hoping that she will be the one to capture the spotlight with her flawless bodily perfection. Such was the atmosphere at last year's New Year's Eve Face-to-Face & Pennywise show (surprise guests--the Vandals!). Pennywise, one of the rare non-woman-bashing bands, ends their set with their well-intentioned "Bro Hymn," with all the Bro's up on stage singing away a sentimental moment. Even the "non-sexist" band still trivializes women's existence with a song entitled "Bro Hymn," when the whole scene is already pretty much just that--one giant Bro Hymn. I watch my ex-boyfriend and male friends up on stage wailing away in camradarie, realizing I could never be up there with them at this moment, because of what I am.

The night was completed with the ideal demonstration when, during Pennywise, some skin gets up on stage and raises his hand to Hitler (you know, the "seek-help" sign), and the lead singer turns around and literally knocks the guy on his ass. The crowd then cheers in praise of the symbolism--oh yes, smashing hatred! How progressive, when only minutes ago the Vandals were on stage woman-bashing to the delight of store-brand punks everywhere, and not one person seemed to give a fuck about it. This may at first seem puzzling to the person who knows that women in this country are beaten at the rate of 1 every 12 seconds, raped at the rate of 1 every 6 minutes, and still only paid $0.76 to the male dollar for doing the same work. However, further analyzing causes one to realize that, just like in mainstream society, racism as an injustice holds priority over sexism because 1) racism involves the freedom of men, and 2) racist hatred affects everybody negatively, while sexism mainly holds men in power at the expense of women.

While we may never restore the punk scene to the revolutionary movement it once was, we can at least expose the sexist "punks" for the hypocrites they really are.

"One of my saddest memories in punk came in . . . observing a young man and woman together at a Dead Kennedys show in 1985, the girl holding the boy's leather jacket as he went off to his fun in the pit, coming back sweaty and spent to her admiration and praise. The whole scene reminded me of nothing more than the football games I had watched as an alienated kid in Montana. Roles I hated--the cheerleader and the warrior--were now somehow, 'punk'."

--Mark Anderson, Positive Force DC



I know BodyCount is not considered "punk" in any way, but the thing is that Ice-T is one of these hailed figures of "smashing racism," like he's some kind of hero or something.

But his attitude toward wimmin has always been so very belittling. I think he deserves the "Grand High Hypocrite" Award!!

I heard Ice-T just moved to San Diego. Lucky us!

Excerpted from the song "KKK Bitch":

Out on tour, yo, I been all around the world
went to Georgia, met this fine-assed white girl,
blonde hair, blue eyes, big tits and thighs,
the kinda girl that would knock out most guys.
She got wild in the backstage bathroom,
sucked my dick like a muthafuckin' vacuum,
said "I love you, but my daddy don't play,
he's the fuckin' grand wizard of the KKK."

Chorus:

I I I love my KKK bitch, love it when she sucks me though,
I I I love my KKK bitch, love it when she fucks me though,
I I I love my KKK bitch, she loves it when I treat her bad,
I I I love my KKK bitch, mutha fuck her dear old dad.

You know what I'm sayin'. So we was down South fallin' in love, you know, D-Roc had this Nazi girl, my man Mooseman had a skinhead, I fell in love with Tipper Gore's two twelve year old neices. It was wild, you know what I'm sayin', it got even worse, you know.

So one night they took us to a meetin'
white sheets, white hoods, no room for seatin'
there was Skinheads, Nazi's and crazies,
talkin' 'bout black people pushin' up daisies.
They hated Blacks, Jews, Puerto Ricans,
Mexicans, Chinese, even the Indians.
We had our hoods on,
we were slick
she pushed her butt up hard against my dick.
Then her daddy jumped on the stage
talkin' 'bout killin' in a goddamn rage.
I got mad, my dick got hard
entered in her ass
she said, "Oh my God!"

(Chorus)

So what we really tryin' to say is Body Count loves everybody. We love Mexican girls, Black girls, Oriental girls, it really don't matter. If you from Mars, and you got a pussy, we will fuck you. You know, that's all we're sayin', word.

Wow. Tits-ass-pussy of all colors. True liberation for humanity.

If you a sexist pig, we will castrate you. You know, That's all we're sayin', word.

Rapists, Molesters, Sexual Assaulters, FREE MEN

We all know that pretty much all sexual assaulters and other abusers of women rarely get punished for their crimes. And when they do, they are released within months or even days, then they are free to roam the streets and terrorize their victims. One thing you may not know is that these men are supposed to register with the police every time they relocate, so that the police are always aware of where these people are living. I'm not sure exactly how much good that would actually do even if it were practiced, but the thing is, this "registration" for sexual assaulters is not even being enforced at all. The convicted rapists, molesters, and other sexual offenders simply move and live where they please without notifying any authorities, and the police say they can't do anything about it because they "don't have enough manpower" (perhaps they could use a little womanpower--ha). Not that I'm terribly crazy about the police state to begin with, but it seems as though one of the few times they could actually be of some use, they aren't doing it, or making any real effort to do so.

Does this make you a tad nervous? According to Union-Tribune sources, as of now there are approximately 200 registered sexual assaulters living in Escondido (a city in San Diego county), about 2,400 living in San Diego, and about 5,000 living in San Diego county. These are only the registered sexual assaulters, and get this--it is estimated that up to 75% of released rapists, molesters, and other sexual offenders are NOT REGISTERED--so the above numbers only represent about one fourth of what's out there. What's more, statistics have shown that approximately 95% of sexual assaulters are repeat offenders, so they are released to ATTACK AGAIN.

<u>So for a quick recap</u>:

200 registered in Escondido
2,400 registered in San Diego
5,000 registered in San Diego County
up to 75% are not registered
95% attack again

This is just San Diego County. I don't even know the statistics for where you live. But the next time someone tries to tell you that women aren't dicked over by the justice system, you had better set them straight. Girls, let's not tolerate this any longer. This is bullshit!

I keep my castrating knife under my pillow



It's still hard sleeping alone at night

WOMEN:


OPERATION RESCUE
WILLIAM KENNEDY SMITH TRIAL
THE MONTREAL FOURTEEN
72¢ TO EVERY MALE $1
CLARENCE THOMAS
O.J. Simpson
Mike Tyson
stop sucking and
start biting!

15 reasons why a beer is better than a woman

1 -- Beer doesn't get jealous when you grab another beer

2 -- When you go to a bar you know you can always pick up a beer

3 -- Beer won't get upset if you come home & have beer on your breath

4 -- You don't have to wine & dine a beer

5 -- If you pour a beer right, you'll always get good head

6 -- Hangovers go away

7 -- When you're finished with a beer, the bottle is still worth 5 cents

8 -- You don't have to wash beer before it tastes good

9 -- Beer always goes down easy

10 -- You can share a beer with your friends

11 -- Beer is always wet

12 -- You always know you're the first one to pop a beer

13 -- A frigid beer is a good beer

14 -- You can have more than 1 beer & not feel guilty

15 -- You can enjoy a beer all month long

HA HA HA HA HA HA

The thing that amazes me most about this is the fact that my boyfriend and a male friend of mine showed this to me, thinking that I would actually find this funny!! (This is the same boyfriend who is offended by racist jokes). The thing is, I listen to "humor" like this every single day, be it on TV or at work or whatever. What most people seem to just brush off as "harmless humor," I find absolutely nothing funny about, especially things indicative of the all-too-popular notion that women are just things to be used, not PEOPLE, with ideas and feelings.

Others dismiss it as trivial. I say "jokes" like this are not funny, as long as so many millions of women are still being raped, beaten, abused by men who still view us as objects to be used at their whims. When misogyny plagues us on such a grand scale, I find nothing "light-hearted" about these jokes.

HA HA HA HA HA HA HA

Gabrielle Wilders was only 10 years old when she learned her mother was dying from an inoperable brain tumor. Two years later, shortly after the woman entered a coma from which she would never emerge, Gabrielle's stepfather, a former priest, told the girl that her mother's specialists were also concerned about her. His wife's tumor was caused by an inherited immune disorder that affected only fair-skinned females, he told the young girl. "He explained that if it wasn't taken care of, I would die at a young age, just like my mother," says Gabrielle. "All that could save my life was a new 'therapy' involving sexual intercourse [with the stepfather, naturally] that would provide the necessary stimulus to my immune system." Devastated by her mother's illness and with only her stepfather to turn to, the terrified child believed him.

"Therapy" took place every night for the next four years, supplemented by medicine she was given--later identified as tranquilizers. At fourteen, Gabrielle became pregnant and had an abortion. When she was sixteen, she was told she had to move to California with her stepfather. Gabrielle told her school psychologist that she didn't want to go, but that she couldn't be separated from her stepfather or she would contract her mother's fatal illness. "She was the first person I ever told," says Gabrielle, "and she immediately called the child-protection services."

Gabrielle's stepfather was indicted and charged with first-, second-, and third-degree sexual assault of a minor. Fearing that Gabrielle would have to endure a grueling and painful trial, prosecutors accepted her stepfather's plea bargain. He was sentenced to 7-9 years in a treatment facility for sexual offenders but released after serving just 18 months because "he had responded to treatment."

Statistics show that 90-95% of released sexual offenders assault again

In Bangladesh in 1992, a 14-year-old girl and her mother were sentenced to 100 lashes each. Men have died from far fewer lashes (and there was a world outcry when Michael Fay was sentenced to *four* lashes in Singapore). The mother and daughter's crime: The daughter had been raped by a village elder, but since there were not four "good Muslim" male witnesses to the assault, as required under Islamic law, he went free for lack of proof. The 14-year-old girl became pregnant as a result of the rape, and was therefore found guilty of *zina* (sex outside of marriage). The girl and her mother were sentenced to 100 lashes each.

In Pakistan, 75% of women in jail are there on charges of *zina*. Many of them are simply rape victims.

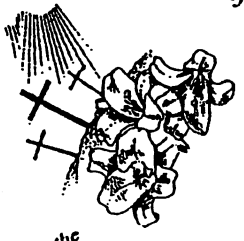
In China, another industry has risen--the kidnapping of young women as forced brides. According to Chinese-government reports, in the first ten months of 1990, the trafficking in brides increased by 60%--to about 50,000 (although the actual number is believed to be higher)--over the previous year. The young women are sold to young men for between $150 and $600. In most cases, the abducted women, who are as young as 13, are gang-raped by their traders before being sold--an act intended to terrify them into passivity.

now tell me how funny those beer jokes are

MORE RELIGIOUS FUN

"For Man did not come from woman, but woman from man. Neither was man created for woman, but woman for man."
--I Corin. 11: 8-9

"Let a woman learn in silence with all submissiveness. I permit no woman to teach or to have authority over men."
--From I Timothy (Revised Standard Version)



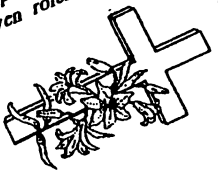
"As long as God is male, the male is God."
--Mary Daly



"I think Christian women are the most liberated women in the whole world. I love being under submission to my husband."
--Tammy Faye Bakker

For those of you who don't know, the Equal Rights Amendment has NOT become a part of the Constitution. This amendment would supposedly end legal discrimination against women concerning things such as equal pay for equal work. The last time it was attempted to pass was in June 1982, but it failed to be ratified by the vote of 2 or 3 states.

"[Equal Rights legislation] defies the mandate that the husband is the head of the wife, even as Christ is head of the church . . . Furthermore, I believe that at the foundation of the women's liberation movement there is a core of women who were once bored with life, whose real problems are spiritual problems. These women have never accepted their God-given roles."
--Reverend Jerry Falwell



"I listen to the feminists and all these radical gals--most of them are failures. They've blown it. Some of them have been married, but they married some Casper Milquetoast who asked permission to go to the bathroom. These women just need a man in the house. That's all they need. Most of these feminists need a man to tell them what time of day it is and to lead them home . . . they blew it and they're mad at men. Feminists hate men. They're sexist . . . that's their problem."
--Reverend Jerry Falwell



SIGNE WILKINSON

Matilda Gage

The most stupendous system of organized robbery known, has been that of the church towards woman, a robbery that has not only taken her self-respect but all rights of person; the fruits of her own industry; her opportunities of education; the exercise of her own judgment; her own conscience, her own will.

— Woman, Church, and State

"God created Adam Lord of all living creatures, but Eve spoiled it all. Women should remain at home, sit still, keep house and bear children. And if a woman grows weary and, at last, dies from childbearing, it matters not. Let her die from bearing; she is there to do it."

--Martin Luther

"As regards the individual nature, woman is defective and misbegotten; for the active power in the male seed tends to the production of a perfect likeness according to the male sex. While the production of women comes from the defect in the active power, or from some material indisposition, or even some external influence, such as that of south wind, which is moist as the philosopher Aristotle observed."

—St. Thomas Aquinas

Sunday, October 30, 1994

Nation Update

3 haunted houses offer real scare

DALLAS — Forget Dracula and Frankenstein. Halloween in the Big D can be as scary as real life. Abortion, suicide and Satanism are the themes of three haunted houses run by churches in the Dallas area that are trying to scare teen-agers with morality plays that focus on life choices.

Visitors to Hell House at Trinity Church watch an actor, playing a teen-age girl and drink her blood, after suddenly realizing that trick-or-treating is just one way of luring children to evil.

In another scene, a girl dies after a botched abortion and is condemned to everlasting fire for killing her unborn child.

Living Hell: A Glimpse of Deer Park, at Baytown Baptist Temple, includes an abortion scene that simulates the operation with a bowl of spaghetti and a clear hose connected to a vacuum. Grim Reapers guide teens from room to room, all of which end in death.

"It's disturbing. It's shocking and it really makes them think," said Stan Denman, a youth minister. "We're looking to really make kids aware of the evils of society — what is dragging our society down."

Although some men are beginning to share in household chores, studies show that most wimmin, even those working full-time, are still doing the lioness's share of the housework. Many are carrying triple loads, with careers and housework and child-raising. I know that I personally will never subject myself to that, but one must wonder with amazement at the amount of wimmin who still do.

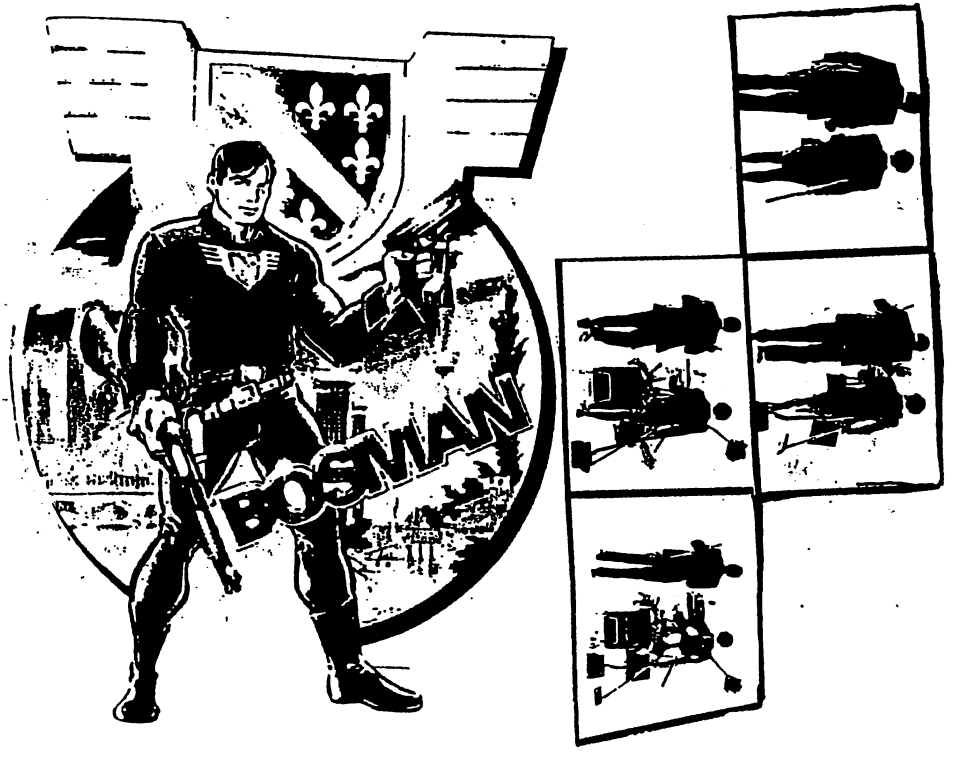
What will our future generations be like? I watch the TV ads for the children's toy market. They're still aiming toys like make-believe kitchen sets at girls only. Little stoves, pots & pans, even little plastic shopping carts. Why don't they ever make toys like that for boys?

Would it be so terrible if boys could play with dolls too, and learn to be caring, responsible fathers?

"But boys are sissies if they play with dolls." Well, duh! Why don't we work on eliminating that stigma? Just another way which homophobia is tied together with sexism



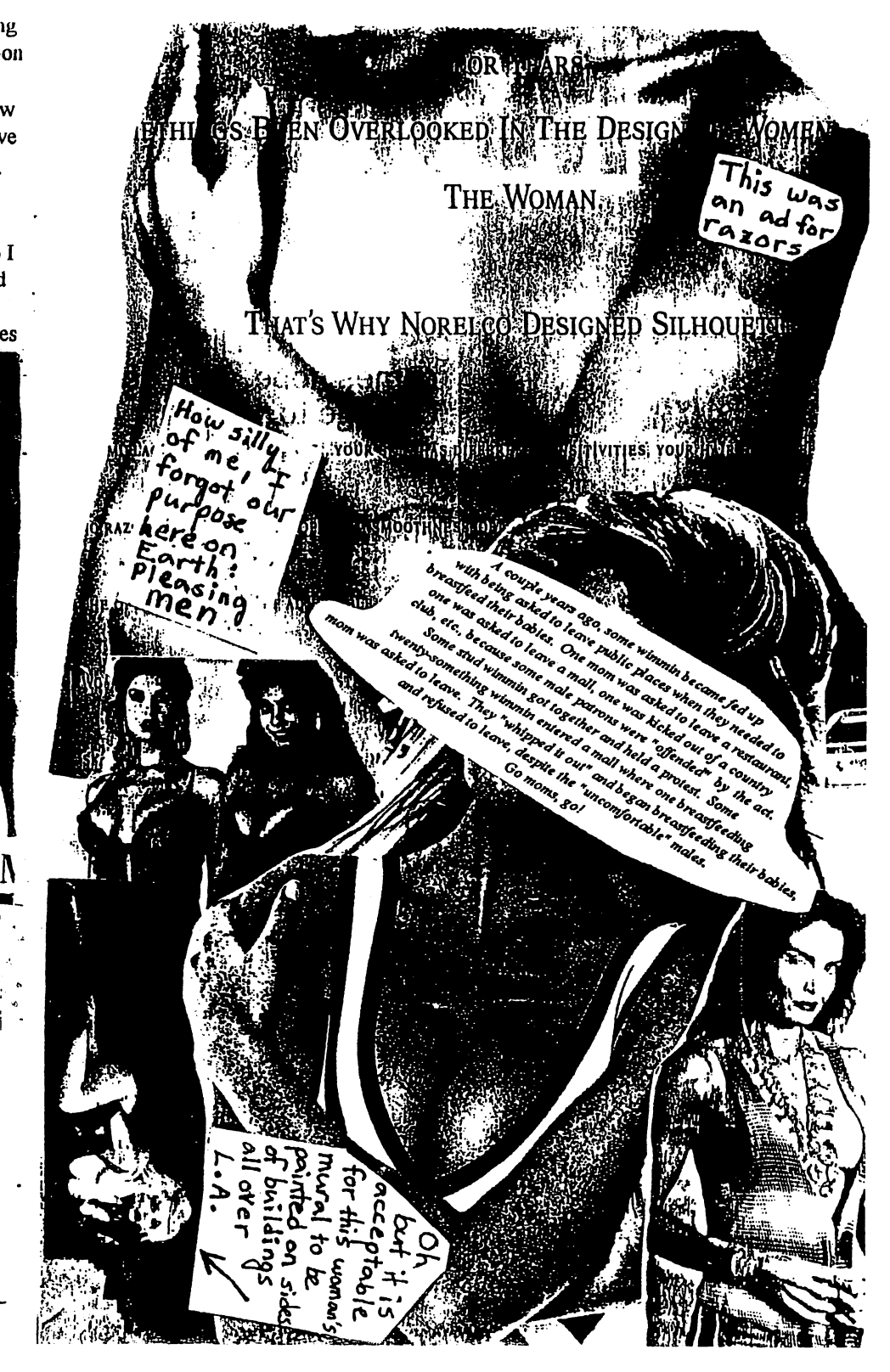

It's gonna be okay, John! We can learn to cook!!
She says I have to wash my own clothes too!!
WIMMIN GAIN MORE FREEDOM


BOSTMAN

have a major problem with women breastfeeding in public, the most completely natural act of mammals, the healthiest nourishment we can possibly give our babies, what Nature intended breasts for! At this moment some men are crusading to take away women's rights to breastfeed in public . . . yet apparently society finds it perfectly acceptable for breasts to be displayed everywhere in ads on TV & magazines & on billboards & neon signs etc everywhere, to have a restaurant called "Hooters" . . . but not too many men seem to be SEVERELY BOTHERED BY THAT!! But breastfeeding one's own baby, oh no, don't do that in public? How utterly rude! How barbaric!

Give me a break!!!




THE WOMAN
This was an ad for razors
How silly of me, I forgot our purpose here on Earth: Pleasing men
A couple years ago, some wimmin became fed up with being asked to leave public places when they needed to breastfeed their babies. One mom was asked to leave a restaurant, one was asked to leave a mall, one was kicked out of a country club, etc., because some male patrons were "offended" by the act. Some stud wimmin got together and held a protest. Some twenty-something wimmin entered a mall where one breastfeeding mom was asked to leave. They "whipped it out" and began breastfeeding their babies, and refused to leave, despite the "uncomfortable" males.
Go moms, go!
Oh but it is acceptable for this woman's mural to be painted on sides of buildings all over L.A.

...ESTIC VIOLENCE IS ABOUT CONTROL.
IS ABOUT MEN BEATING WOMEN INTO SUBMISSION.

The fact that a woman is beaten by a spouse/lover every 12 seconds in this country is living proof of the ongoing perception of women not as human beings but as things put on Earth to serve men. Right now, most batterers suffer *no* social or legal consequences for their criminal behavior.

Even worse than our culture's systematic neglect of addressing this problem is the actual blaming of women who are abused. One morning I flipped on the radio and some talk radio hosts (a man and a woman) were talking about Nicole Simpson's early beatings, to the effect of "Well, she could have left him, but she didn't." "Yeah, really. How can we feel sorry for her if she chose to stay with her batterer?" (I was to learn later that this was Howard Stern speaking).

First, girls who grow up being abused often suffer from low self-esteems and feel that they deserve no better, and thus continue the pattern of abuse through adulthood.

Second, batterers often manipulate and emotionally batter their victims, making them think they are worthless, that they depend on their abusers, and that they deserve what they get.

Third, girls are raised to strongly value marriage. Women want their marriages/relationships to work, and many stay hoping their abusers will change.

Fourth, women who do try to get away are either poor or are stalked. An estimated 50% of homeless women and children are fleeing from male violence. Also, it is well-known that police do little or nothing about stalkers until after they attack. Over 50,000 women seek restraining orders every month in this country.

Fifth, abused women are often made out to be submissive, weak-minded individuals. Generally, women are battered when they resist their spouses' control. They are beaten when they "disobey"--it is those independent-minded women who are battered.

THE FOLLOWING CASES ARE NOT "ISOLATED INCIDENTS." THEY ARE TYPICAL EVERYDAY OCCURENCES IN THIS COUNTRY. STARRED (*) NAMES HAVE BEEN CHANGED FOR PRIVACY.

-- When Sarah* was offered a ride home from a fraternity party by a young man who'd had too much to drink, she turned him down and advised him not to drive. He waited for her outside and beat her up--to "teach the bitch a lesson," he said.

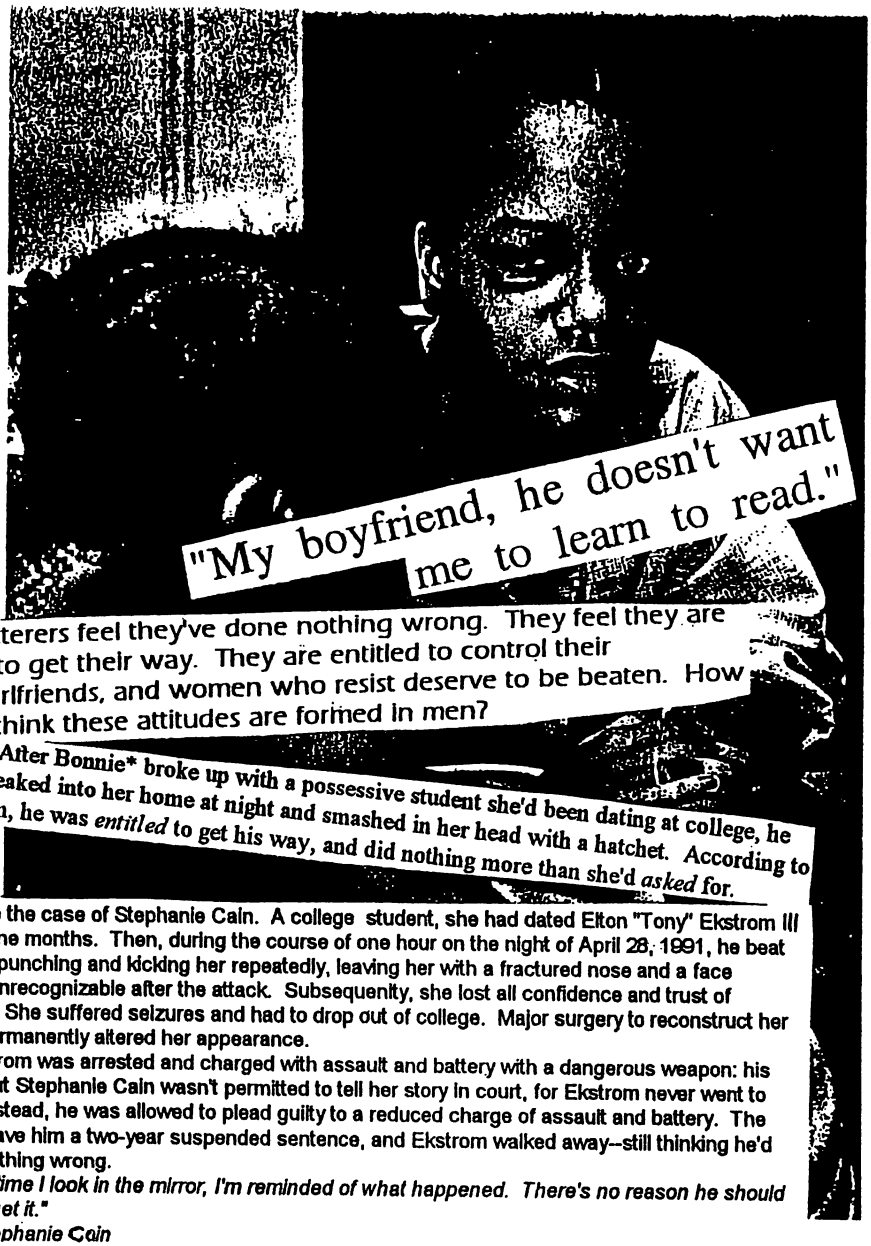
-- Susan* went home for first break from college and told her high-school sweetheart that she wanted to date on campus. In response, he pulled out clumps of her hair, broke her arm, and deliberately drove her car into a tree.



THESE ARE

NOT JUST

"ISOLATED INCIDENTS"



Most batterers feel they've done nothing wrong. They feel they are entitled to get their way. They are entitled to control their wives/girlfriends, and women who resist deserve to be beaten. How do you think these attitudes are formed in men?

-- After Bonnie* broke up with a possessive student she'd been dating at college, he sneaked into her home at night and smashed in her head with a hatchet. According to him, he was *entitled* to get his way, and did nothing more than she'd *asked* for.

Take the case of Stephanie Cain. A college student, she had dated Elton "Tony" Ekstrom III for nine months. Then, during the course of one hour on the night of April 28, 1991, he beat her up, punching and kicking her repeatedly, leaving her with a fractured nose and a face nearly unrecognizable after the attack. Subsequently, she lost all confidence and trust of people. She suffered seizures and had to drop out of college. Major surgery to reconstruct her nose permanently altered her appearance.

Ekstrom was arrested and charged with assault and battery with a dangerous weapon: his foot. But Stephanie Cain wasn't permitted to tell her story in court, for Ekstrom never went to trial. Instead, he was allowed to plead guilty to a reduced charge of assault and battery. The judge gave him a two-year suspended sentence, and Ekstrom walked away--still thinking he'd done nothing wrong.

"Every time I look in the mirror, I'm reminded of what happened. There's no reason he should just forget it."

--Stephanie Cain

Saddam Hussein recently went on national television to announce that men are legally permitted to kill any female relative caught or suspected of "misbehaving"--a euphamism for adultery.

-- Back in the ol' U.S., Kenneth Peacock killed his wife Sandra on 2/9/94 after finding her in bed with another man. Judge Robert E. Cahill expressed his sympathies for the man, and gave Peacock the minimum sentence required: 3 years, half of which he suspended, plus he recommended that Peacock be granted immediate work release. Judge Cahill referred to Peacock as a "noncriminal" and claimed "I seriously wonder how many married men . . .would have the strength to walk away . . , without inflicting some corporal punishment, but whatever that punishment might be."

-- 42% of all women murdered in this country are killed by their husbands

-- Every 12 seconds, a woman in this country is beaten

-- Every 6 minutes, a woman in this country is raped

-- In Canada, more than half of all women (51%) polled reported having been physically or sexually assaulted at least once in their adult lives. 1 in 10 Canadian women (1 million) had been attacked in the past year. 27% of women ages 18-24 had been attacked in the previous 12 months.

-- Some years ago, the FBI reported that in the United States, a man beats a woman every 18 seconds. By 1989, the figure was 15 seconds. Now, it's every 12 seconds.

-- A 1991 study found that among assaultive men arrested, prosecuted, convicted, and senteced, fewer than 1% served any time in jail.

-- The average batterer taken into custody by police is held less than 2 hours. He is free to walk away--to laugh at his victim, and abuse her more.

-- Battering is cited as a contributing factor in a quarter of all suicide attempts by women and half of all suicide attempts by black women

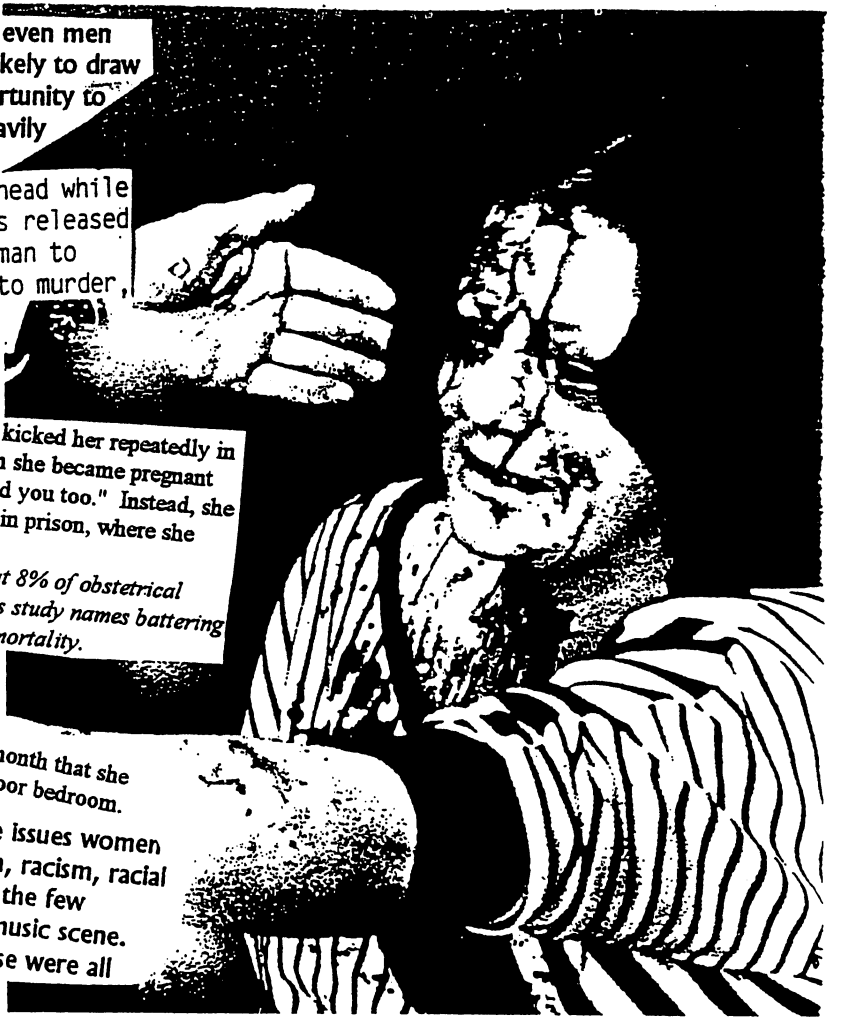
-- The FBI estimates that every year, men in this country murder over 1400 wives and girlfriends.

-- Violence against women is such an epidemic that many sociologists have coined the new term: femicide.

-- At least 50 percent of homeless women and children in America are in flight from male violence.



Many police departments don't enforce the law of arresting batterers. When Lynne Gold-Bikin founded the Committe on Domestic Violence, she found that many of the police "were beating their wives, and they thought it was perfectly acceptable." Many still do.



While men are rarely punished for violence against women, even men convicted of near-fatal attacks on their girlfriends or wives are likely to draw light sentences or be released on probation with plenty of opportunity to finish the job. However, women who act in self-defense are heavily punished. 50 years to life is not uncommon for them.

The husband of Bernadette Burnes shot her in the head while she slept, served three months for the offense, and was released to threaten her again. Desperate, Bernadette hired a man to kill her husband. Convicted of murder and conspiracy to murder, she was sentenced to life in prison.

-- Carol* miscarried after her husband knocked her down and kicked her repeatedly in the belly. He threatened to kill her if she tried to leave. When she became pregnant again, he beat her again, saying, "I'm going to kill that baby and you too." Instead, she killed him with his own gun and was senteced to twenty years in prison, where she bore her child and gave it up for adoption.

-- *The Journal of the American Medical Association reports that 8% of obstetrical patients are battered during pregnancy, while a March of Dimes study names battering during pregnancy the leading cause of birth defects and infant mortality.*

-- Marie's* husband, a lawyer, beat her so severely during her seventh month that she went into labor. He then ripped out the phone, locked her in a second-floor bedroom and left the house. She and the child barely survived.

Why is it so rare that male punk bands ever address these issues women face? They sing about war, corporate Amerikkka, the system, racism, racial hatred, violence, poverty . . . but leave all women's issues to the few female punk bands that are stuggling in the male-dominated music scene. As if rape, domestic violence, eating disorders and sexual abuse were all petty, insignificant problems.

all the women I've seen being battered and mistreated, about my best friend who was shot and killed by her possessive boyfriend during our senior year in high school. But these are all just more typical cases like the other billions, so I'm going to share a recent experience of a different sort.

My boyfriend's band needed some band photos for their promo package, so there we all were at this photographer's house. The guy was a pretty nice guy, and he was talking to us about ideas for the pictures, and showing us some of his previous work (namely glam-rock bands with photos of fully-clothed men and barely-clothed women being portrayed in positions of subservience and even sexual violence). I bit my lip and tried to ignore it.

Then it comes: The photographer starts describing to us a project he is working on. He tells us of a huge tub of pancake batter, and some models he's going to have come in to strip down totally naked, completely cover themselves with the batter, and pose for pictures. The pictures will then be made into a calendar.

The calendar will be entitled "Battered Women."

Not only is he reducing women down to sex objects, but he is making a mockery of a very, very serious problem!

I was so angered, I couldn't even think of anything to say at all. I ended up saying nothing (I know, that's bad). So I want to expose this creep. Well, the band ended up not using that photographer (for other reasons). I don't remember where he lives, and my boyfriend refuses to give me the man's address because he doesn't want me to "cause trouble."

If I ever get his address, I promise I will print it so that any of you readers out there who want to may drop him a line (or two).

P. 43 → By the way, to help protest the actions of Judge Robert E. Cahill (mentioned earlier), please write letters to the Maryland Commission on Judicial Disabilities, asking them to investigate the Peacock case and take appropriate disciplinary action. Try to contact the media and ask them to publicize the case of Judge Cahill. Send copies of your letters to the Select Committee on Gender Equality and to the Women's Law center.

"↓"

The Honorable Theodore G. Bloom, Chair
Maryland Commission on Judicial disabilities
Court of Special Appeals of Maryland
Courts of Appeal Building
361 Rowe Blvd.
Annapolis, MD 21401



Select Committee on Gender Equality
Courts of Appeal Building
361 Rowe Blvd.
Annapolis, MD 21401

The Women's Law Center
P.O. Box 5362
Lutherville, MD 21094-5362

P.S.-- Information on Peacock case was obtained from Oya, a terrific feminist zine from Leucadia, CA. To order, send a trade or $1 & 1 stamp to:

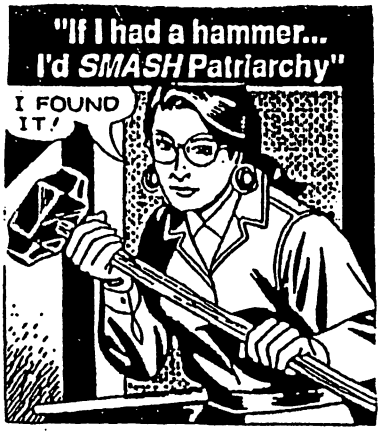
Oya

P.O. Box 232048 (subscriptions $5 for 4 issues)

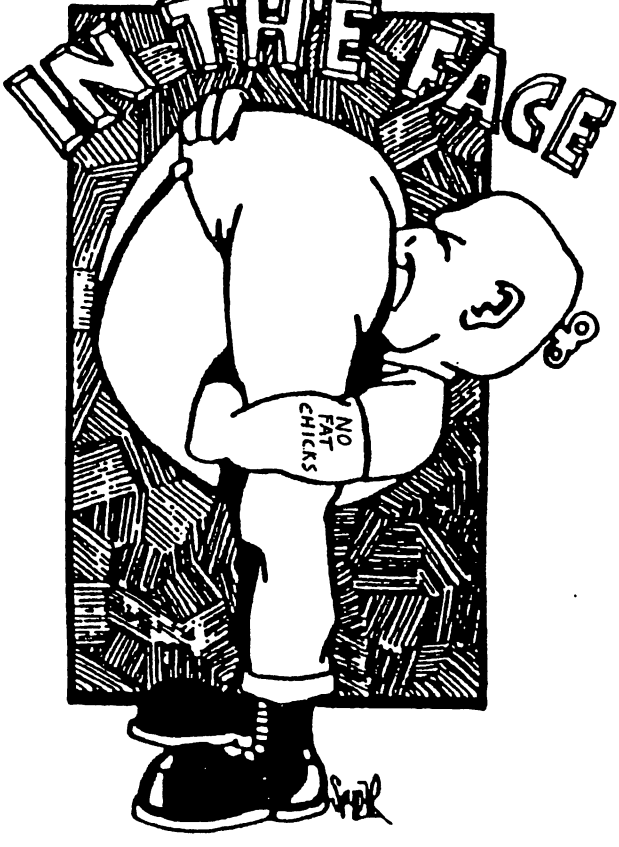
Leucadia, CA 92023-2048

"There is a relationship between discrimination against women and violence committed against women. No one sees any reason to stop it."
--Regan Ralph, codirector of the Women's Rights Project at Human Rights Watch

"It is not those who can inflict the most, but those who can suffer the most who will conquer."
--From Crass's Christ--The Album



LOOKING THE SEXIST PIG PROBLEM RIGHT IN THE FACE



-- Just the other night at Walmart, I saw a man screaming at his wife in front of everyone, calling her "dumb bitch," telling her not to talk back to him, and threatening to take her out and leave her in the car, just as a parent would be talking down at a child. I noticed the woman had bruises on her legs and face.

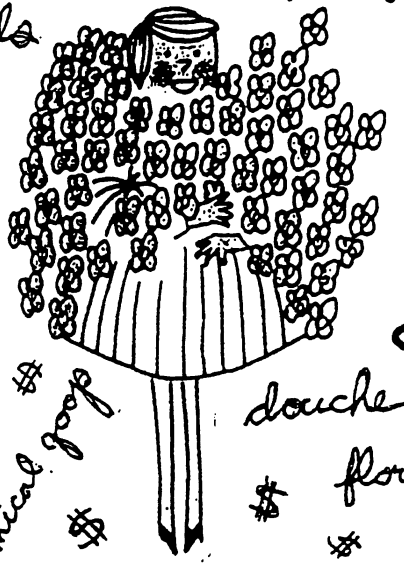
We're taught to be afraid of our own smells afraid of our own bodies what greater tragedy is there?



-PUSS!- vinegar

SMELLS® BEGONE

stockyard strength deodorizer spray



BODILY ODORS!

gels

chemical soaps

douche

CUNT!

chemicals

cremes

lotions

B.O.!

sprays

powders

perfumes

floral scents

soaps

MENSTRUAL BLOOD!



5C

YES—this is an actual advertisement a comforting reminder that being a woman means that you must totally preoccupy yourself with adjusting your appearance, since obviously what Nature gave you is ugly and insufficient, thus forcing you to enslave yourself to the fashion and cosmetic corporate industries, or else be a worthless human being

But hey--Kotex understands



Kotex understands what it means to be a woman.

reprinted from H.E. #1



SISTERHOOD

Sisterhood--it's a corny term to some people. To others, it brings images of an abusive power hoarded by some privileged female group, seeking to dominate and control others (in other words, a complete reversal of patriarchy).



Sisterhood is none of these things. It should not have a negative connotation. Men should <u>not</u> feel threatened by this word, *Sisterhood*, unless they see the rise of an oppressed group as totally detrimental to their own cozy lives.

Sisterhood is not some evil conspiracy to take over the world and enslave men. Rather, it is something which will help to free the enslaved women of the world.

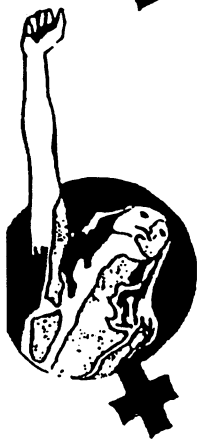


It's simple. You've probably heard it all before, but we <u>must</u> unite in our struggle for freedom! And I'm not talking about a few of us rebellious types, a united group of feminists. We need to have ALL women join us in our struggle. This means making all women recognize what's holding us down, and often includes convincing other women that they're being held down in the first place. Actually, we need to have both men <u>and</u> women struggling together for a complete Revolution. But for the moment, let's focus on women.

One important step in itself is recognizing *how society pits us against one another.* It was a big step for me, because it changed my whole outlook on the sexism problem, and the approaches to its solution. I should have realized it a long time ago.



I remember back when I first started realizing how strong the presence of sexism really is, and the magnitude of its destructive forces. I started developing an intense hostility toward the girls who blatantly acted like bimbos and dressed up like sex toys (there are an abundance of these where I live). I remember always wanting to yell at them, to go around picking fights with them, and literally wanting to beat the crap out of them. Okay, I shamefully admit that I still get these urges sometimes.



But at least now I recognize how really counter-productive that is. I realized why men get such a kick out of watching women fight, why TV & the media totally glorify female jealousy, competition, vengeance, maliciousness & "cat-fighting," why society pits us against one another. No wonder the pigs like it--it is what keeps us from rising!

As both members of and products of our society, sometimes we don't realize how hard some of the patriarchal values have been ingrained into us. One of the biggest patriarchal weapons used to keep us in our subjugated position is the well-hidden, yet deliberate turning of women against each other. After all, if we women were to actually unite and gather strength in our unity, it would empower us perhaps even enough to overhrow this male-supremacist system which over-emphasizes competition and aggression!



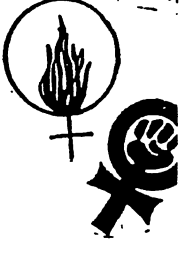
Ever notice how all positive characteristics are always immediately associated with "maleness," things such as strength, courage, dignity, and the like? "Female" qualities are always ridiculed, even when it's things like caring and showing emotion. *"Name something positive and we're not it. But men are . . . so we compete for the recognition and love of these demigods, their affirmation the only affirmation we value."* If we women could only love ourselves as much as we love these male models of greatness . . . the possibilities are amazing! But as long as we continue to view ourselves from patriarchal definitions, we are tied down with this "internalized oppression." These definitions translate into hatred of femaleness, and in further echoes, our own self-hatred.

For any guys out there who may be confused, loving women's bodies does NOT mean loving women!!

The media, television, and cinema industries are especially fond of playing on this misogynist mentality. It is evident in everything from the babbling, gossiping schoolgirls to the gorgeous, vicious, vengeful TV supermodels clawing at each other's throats over men of wealth and status, what the TV-viewing masses so admiringly refer to as "catfighting."



I notice that a lot of women have really embraced this type of behavior. They shape their lives around this habit, tearing each other down, obtaining this "high" we can all get by putting down another woman (and I do mean <u>all</u> of us, if we are truly honest with ourselves). Most of us can shamefully admit to participating in this trashing of women, at least some time or another in our lives . . . "*We have to admit the pleasure of feeling 'on top,' superior, right for a change, after a lifetime of being viewed and treated as hopelessly stupid and wrong.*"



We must understand that these feelings are only natural. After enduring so many years of feeling repressed, censored, invisible, insignificant, and beaten down, we want more than anything to feel important, to feel alive. And patriarchy has so very systematically encouraged us to "*feel alive, by feeling anger and jealousy and mistrust and hatred for women; we have been taught that this is safe (whereas feeling it for <u>men</u> is not safe).*"



The most important thing we have to realize here is how this holds us down! We are our own and one another's






fathers. What I see in many fellow women but I don't see nearly enough of is sisterhood, plain and simple. A unity and wholeness in which we can all give to one another and gain from one another, in which we all receive power and we all win. I am not talking about patriarchal power, mind you, where there is a limited supply and it must be fought over and claimed and hoarded, but rather a limitless spiritual power with which we would all grow, male and female alike. A sisterhood--not some discriminating, privileged group struggling to be some superior, dominating, female-supremacist force. That would be nothing more than a mirror image of patriarchy itself. I'm talking about a sisterhood in which we would learn to love and accept each other and ourselves, and abandon this self-destructive female-hating behavior!



The men show us this pie of power, all neatly cut up in slices--this slice for this group and that slice for that group. And this little teensy sliver here? This is for women. "This is all there is, girls," they tell us solemnly. Then, shutting the door behind us, they chortle gleefully, "Now go fight over it!"




I recall an instance where a well-known feminist speaker was advocating the passage of the Equal Rights Amendment (which <u>still</u> has yet to be passed, by the way--hello!). Reporters and radio/TV audiences would consistently ask her to comment on Phyllis Schlafly, a female conservative and a popular opponent of feminist efforts, as if they were constantly trying to egg her on in a bashing-spree. I admire how the speaker refused to submit to the expected "woman against woman" scheme. Rather, she simply replied that although she and Schlafly had different political viewpoints, they were still both women in this global male-worshipping system.



"Mrs. Schlafly is my sister," she said.

She refrained from dumping on another woman, because she knew that although it might have been tempting and easy, the ultimate consequences are still injurious to the Movement.



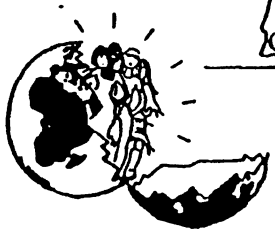
You see, how with women in a constant skirmish, it conveniently leaves men out of the picture? They <u>love</u> to portray women as our own worst enemies!

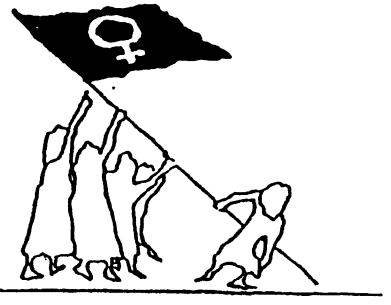


It is simple. We must stop this turbulence amongst ourselves. It is a habit that runs deep. For some, it is even an addiction. Common is the stereotype of the chattering female who lives for maliciously gossiping and cutting other women down, belittling all of them as well as herself . . . What happens when society and the mass media dwell upon these characterizations? It becomes reality. I witness it everyday in real life. Women against women.









All text in italics was taken from Going Out of Our Minds: The Metaphysics of Liberation by Sonia Johnson

We may not all agree with one another, we may not all like one another, and there is nothing wrong with that. But we must stop complying with the expected female role of jealousy and hostility, as if we were all in a constant vicious competition with one another over men. I notice how much emphasis there always is on "brotherhood." I'm always hearing "punk" bands singing about the importance of brotherhood & bro's. Civil rights leaders over the years have spoken of the importance of smashing racism so that "*brothers* of all colors can unite in harmony." Now it's time for brothers and sisters to unite.

It's so gratifying and heartening to hear about the increase of empowerment of women across the country, across the whole world. But we still need to inspire & encourage more. Here in San Diego, it feels like there is none. Even if not much of a conscience is raised in your area, even if the women are still locked in the habit of pitting themselves against one another, it should never be forgotten that we are all in this plight together. We are all subjected to society's discriminations and fierce judgments. And we won't progress until we learn to unite and face these struggles together.

Learn to recognize female hatred (self-hatred), & turn it into love of women. Learn to recognize female jealousy & turn it into female acceptance and unity.





Boundless is the strength of Sisterhood!



Cari B.



Final Messages:

GIRLS

Don't let them tell you you're too fat, too flat, too ugly. You're not.

Don't let them tell you you're silly, stupid, hysterical, or WEAK. You're not.

Don't let them tell you you're unfeminine. Everything about you is feminine--your intelligence, your inner strength, your outer strength, your individuality and creativiity which glows from within!

WE ARE POWERFUL!!! We will gather in a giant circle and face outwards--we'll be invincible to all attackers, all abusers.

You are empowered.

Now take action!!!

BOYS

First of all, thank you for taking the time to read this & enlightening yourself. You are already on a level higher than most others guys!

Second, don't buy the macho myth. You'll end up with high anxiety and ulcers! You have feelings and emotions. Don't repress them, express them! To be accused of being "feminine" should NOT be an insult.

Go back and review page 21. You'll be quizzed on it later! (Ha) Seriously, calling yourself "non-sexist" is not enough. Help out your sisters if you love them. Let's create a world where the sexes live in harmony, not in violence and repression. It's time to take action!

And, as John Barnard's request, we are acknowledging the existence of cool guys out there. Hi, cool guys. We ♡ you! ☺

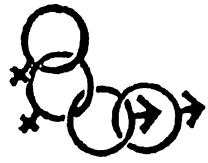
THINGS YOU CAN DO:

-- Write letters of protest
-- Volunteer at an abortion clinic -be a clinic defender
-- Educate others--through speaking, writing, etc.
-- Help defend an abortion clinic againt Pro-Lifers
-- Donate to rape crisis centers and battered women's shelters
-- Organize benefits for rape crisis centers and battered women's shelters
-- Challenge sexist attitudes/remarks every time you see/hear them
-- Learn to recognize symptoms of eating disorders. Help someone who is suffering from one.
-- Fight apathy. Motivate others into action.
-- More! Much, much more!

-challenge bands w/sexist lyrics, especially bands who call themselves "punk"

- Resist these socially structured gender stereotypes, especially those being taught to our young children!

Yeah I don't really believe in copyrights or anything, but we do borrow pictures & facts from all types of sources, and out of respect I wish to give credit where credit is due. So:



Special thanks to:

MRR--for the good reviews & widespread exposure which helped us A LOT

DAWN (FUNCTION ZINE)--some quotes on religion & picture on page 28
Write for info on this great zine at: 532 44th St. Oakland, CA 94609

SAN DIEGO UNION-TRIBUNE--various statistics

SOME ANARCHIST ZINE--I have no idea who put it out or where it came from, but I got "Men Can Stop Rape" out of it

DONNA FERRATO--photographer who takes pictures of victims of domestic violence an uses them as an instrument of bringing the issue to people's faces and educating people. P.S.--she tours around the country and does art exhibits of her work, so be listening for her name. She also has a book out: Living With the Enemy

SPENCER OF LWAACP--Get this. There's some great art.
Left Wing Anti-Authoritarian Clip Art
Spencer Sunshine
P.O. Box 666
Oxford, OH 45056

DROWNING ARK JOURNAL--picture on page 28 - Mimi! ♥ Yay!

THE S.D. READER--Various info & pictures

OYA--for the info on Judge Cahill and how to protest the Peacock case
A great zine P.O. Box 232048
$1 & 1 stamp: Leucadia, CA 92023-2048

SONIA JOHNSON--for her many inspiring words and books

COSMOPOLITAN--believe it or not, we actually took some valuable info & statistics out of this magazine, on rape & domestic violence!!!

ANNOYING FASHION MAGAZINES--from which we cut out those stupid beauty pictures (this includes Cosmopolitan)

STEVE BASZO--for usage of his Polaroid & film for our cover

CARI'S MOM--for help & office supplies

???--for the bleeding girl picture on page 28, the "Stop Sucking and Start Biting" picture on page 34, ~~and "Penis Earns Leisure" on page 49~~

ALL THE PEOPLE/BANDS FROM WHOM WE PRINTED QUOTES--
(except those psycho religious fanatics)

ANYONE ELSE WE FORGOT--THANKS!!! You too, the reader!!

Emma Goldman

From infancy, almost, the average girl is told that marriage is her ultimate goal; therefore her training and education must be directed towards that end. Like the mute beast fattened for slaughter, she is prepared for that.

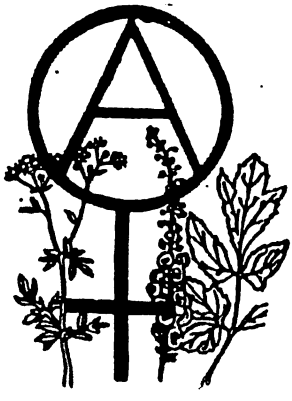
—Marriage and Love



No thanks to:

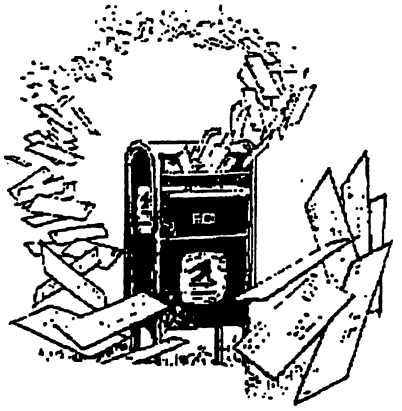
THE VANDALS**ICE-T**WHOEVER WROTE "15 REASONS WHY BEER IS BETTER THAN A WOMAN"**THOSE ANNOYING FASHION MAGAZINES**ANOTHER LAME BAND CALLED GUTTERMOUTH. YOU'LL HEAR ABOUT THEM NEXT ISSUE**OLD MEN WHO THINK THEY CAN CUT IN FRONT OF ME IN LINE AT KINKO'S BECAUSE I'M A LITTLE GIRL **¡TODOS LOS PUERCOS!



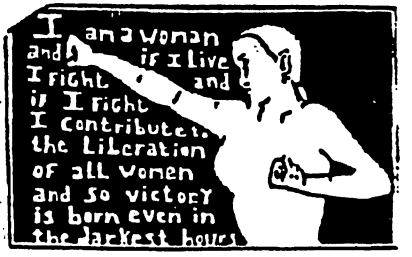


P.S. - Sorry we haven't gotten around to doing any music/zine reviews, for those who have requested them. Next time, 'kay? Till then, toodle-do.

♥ Cari B.



WITCH HUNT



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